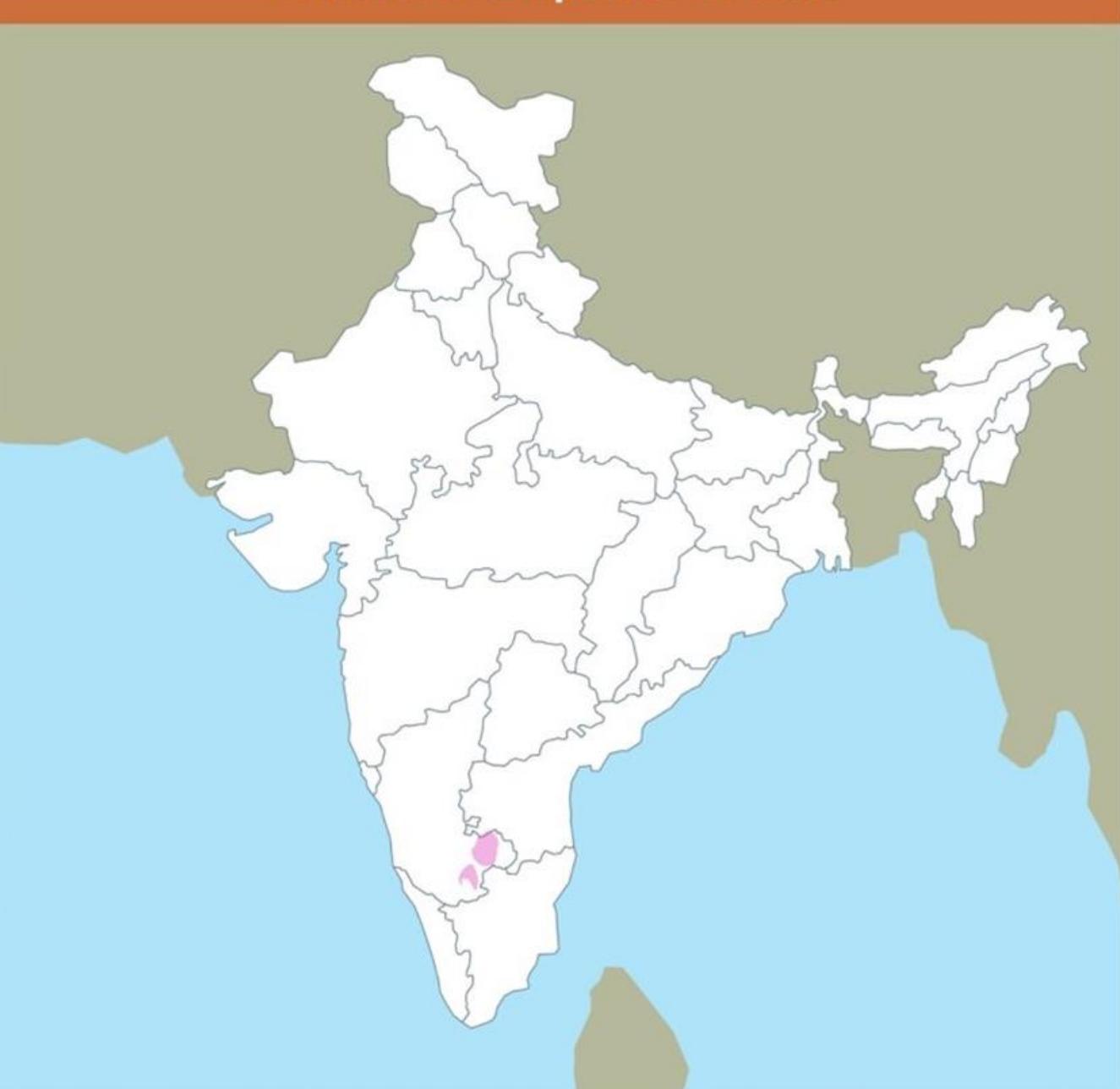




Deutsche Gesellschaft
für Internationale
Zusammenarbeit (GIZ) GmbH

Design Guidelines for Thermally Comfortable Homes in Temperate Climate



Knowledge partners



Foreword

Lore ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Lore ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Lore ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Acknowledgements

Message by the Minister

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

aniam id est labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.



Message by Secretary

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat

Et labore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.



Message by GIZ

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum. Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed do eiusmod tempor incididunt ut labore et dolore magna aliqua. Ut enim ad minim veniam, quis nostrud exercitation ullamco laboris nisi ut aliquip ex ea commodo consequat. Duis aute irure dolor in reprehenderit in voluptate velit esse cillum dolore eu fugiat nulla pariatur. Excepteur sint occaecat cupidatat non proident, sunt in culpa qui officia deserunt mollit anim id est laborum.



<Name>
<Designation>



About the program

The Pradhan Mantri Awas Yojana (PMAY) is a flagship initiative of the Government of India that aims to provide affordable housing for all. The PMAY(U) scheme has surpassed the milestone of sanctioning 1 Crore dwelling units out of which 64 lakh homes have already been completed. This phenomenal success over the past 7 years has led to the extension of this mission to 2024. As the mission takes rapid strides towards development, the Government of India recognizes that these homes are going to remain with us over the next 6 decades. This presents the nation with a unique opportunity to build climate-resilient and thermally comfortable homes that avoid the need for cooling/heating and associated energy use. This will not only mitigate the stress on our environment and infrastructure, but also enhance the affordability and liveability of these homes.

The vision of this program is to achieve thermally comfortable, and affordable homes through passive design measures, locally available and low embodied energy material coupled with best available technologies in construction. To meet this vision this program has developed:



Building on strong Indo-German ties, the Ministry of Housing and Urban Affairs, Government of India and GIZ on behalf Federal Ministry of Economic Cooperation and Development (BMZ), Germany have joined hands. Under this cooperation, GIZ is providing technical assistance to the Ministry of Housing and Urban Affairs, Government of India in realizing the opportunity of shaping India's unbuilt housing stock to be responsive and resilient to climate change.

Ministry of Housing and Urban Affairs
Government of India

The Ministry of Housing and Urban Affairs is the apex authority of Government of India at the national level to formulate policies, sponsor and support programme, coordinate the activities of various Central Ministries, State Governments and other nodal authorities and monitor the programmes concerning all the issues of housing and urban affairs in the country.

For over 60 years, the Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) GmbH has been working jointly with partners in India for sustainable economic, ecological, and social development. The Government of India has launched numerous important initiatives to address the country's economic, environmental and social challenges, and GIZ is contributing towards this transition.

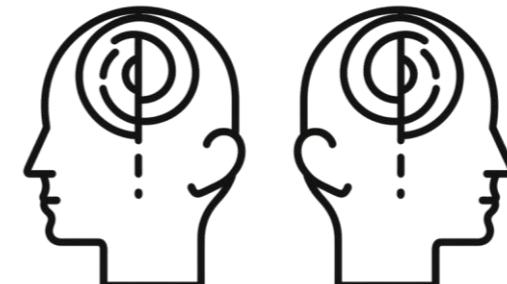
01

Fundamentals of thermal comfort



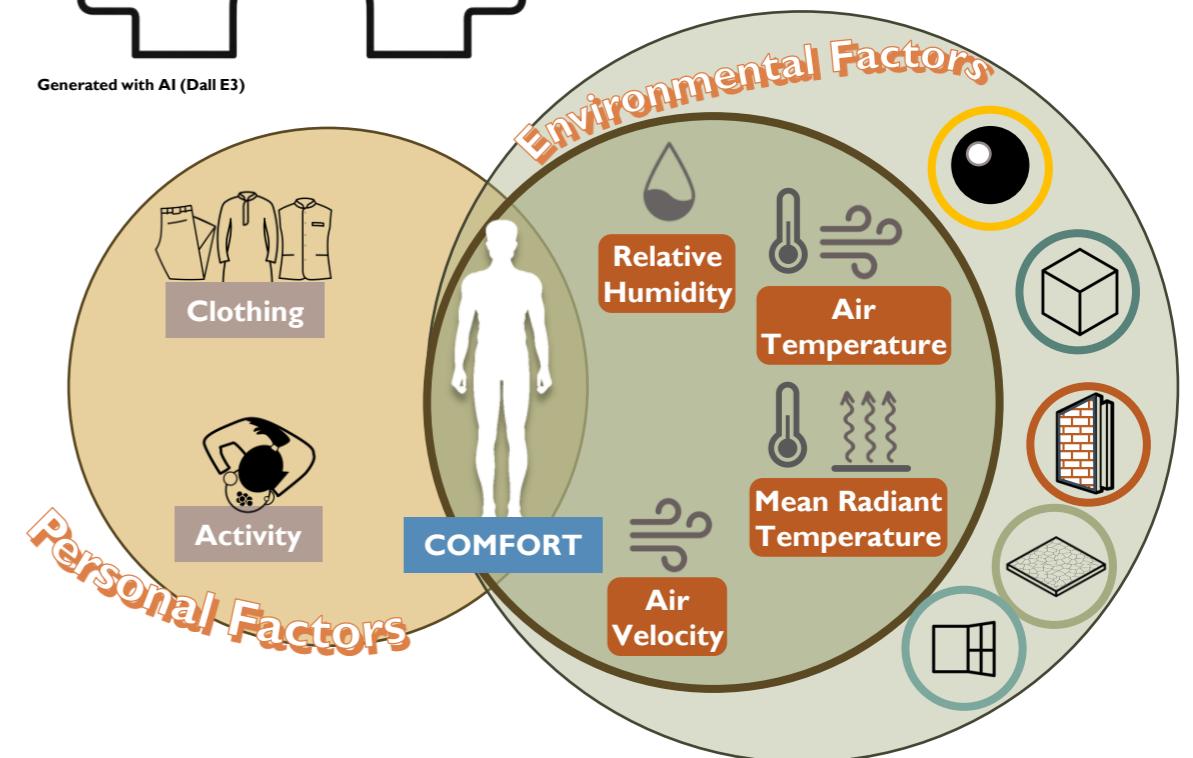
A

What is thermal comfort?



Generated with AI (Dall E3)

ISO 7730 defines thermal comfort as '...that condition of mind which expresses satisfaction with the thermal environment.'



Thermal Comfort is influenced by Personal and Environmental factors.

The personal factors are determined by occupant behaviour, i.e,

- the kind of activity that is being performed - running, sitting, walking, cooking, etc., and,
- the type of clothing – thick and insulating (like woolens) or light and breathable (say light cotton fabric)

The environmental factors on the other hand represent the 'behaviour' of the occupants' environment i.e.,

- the moisture holding capacity of the air,
- the air temperature,
- the temperature of objects surrounding the occupant (expressed as mean radiant temperature)
- the velocity of air that the occupant is in contact with.

While both factors are critical to achieving thermal comfort, it is the indoor environmental factors that can be controlled by the designer through passive design. Prudence in building orientation, design of form and building envelope, and choice of materials impact Thermal Comfort.

B Physiological response to discomfort

The human body maintains its core temperature between 36.5 and 37.5 °C (or 97.7 and 99.5 °F). This thermo-regulatory mechanism comes under stress in extreme conditions.

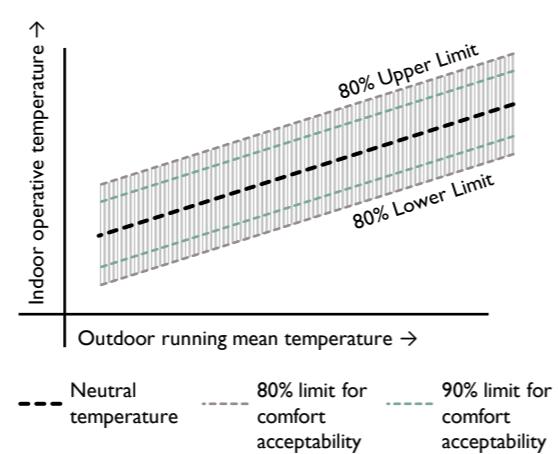
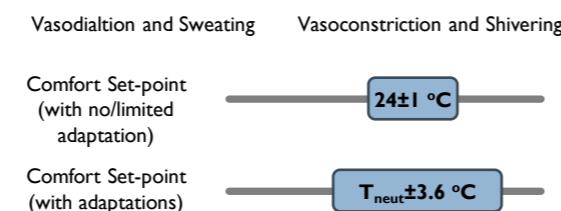
When the body is exposed to hot environment, the human thermoregulatory system tries to cool down the body through two mechanisms – ‘vasodilation’ and ‘sweating’. Under vasodilation, the blood vessels expand to increase blood flow near the skin, in turn increasing the rate at which the body can expel heat. Sweating is an evaporative cooling mechanism employed by the body. The cooling sensation felt on the skin when sweat evaporates is because sweat absorbs body heat to evaporate.

Similarly, the human body employs mechanisms for keeping warm when the body is exposed to cold environment. To keep warm, the blood vessels narrow (or vasoconstrict) to reduce blood flow to the skin. This means internally generated heat not lost to the skin as readily. In addition to vasoconstriction, the human body produces involuntary movement in skeletal muscles, also known as shivering to stay warm.

C Adaptive thermal comfort

Thermal comfort is fraught with subjectivity and has been widely researched over the last few decades. In terms of understanding thermal comfort, one approach has been to observe physiological response and thermal perception of people in controlled environment. Fanger Comfort Model, Pierce Two-node Model, and KSU Two-node Model are examples of this approach.

Another approach, that deviates from the first approach, recognizes the ability of the human body to adapt, albeit within limits, to existing conditions based on past thermal experience and contextual factors. This approach moves away from tightly controlled mechanically conditioned buildings that operate in narrow comfort bands, to naturally ventilated or mixed-mode buildings that operate on broader and flexible comfort bands. Although suited to unconditioned buildings, this approach does not preclude mechanical conditioning solutions. This approach uses statistical analyses of thermal comfort response obtained from diverse building occupants spread over time (seasons) and space (geography), and complemented with measurement of key environmental parameters (at the time of survey).



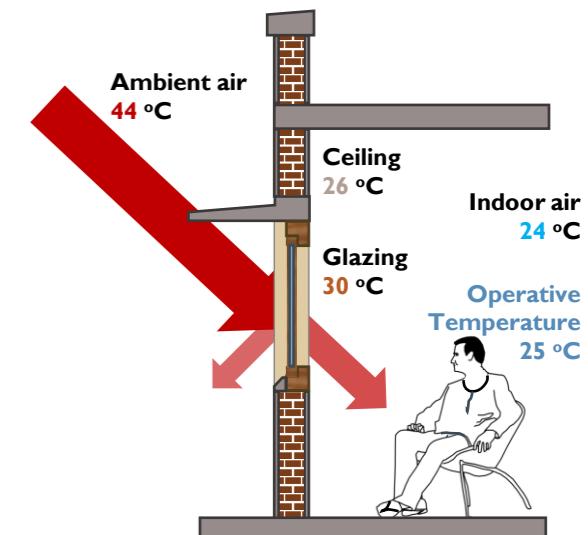
D Measuring thermal comfort

Index - Indoor Operative Temperature

There are more than 40 indices to measure thermal comfort (indoor and outdoor). The Indoor Operative Temperature is one of the simpler metrics that is also utilised by the adaptive comfort model for determining acceptable temperature ranges.

For better understanding, it is important to distinguish operative temperature from air temperature. For example, you may be in a space with seemingly comfortable temperature, but a nearby radiative source may be causing you thermal discomfort. The indoor operative temperature accounts for the radiative component (along with air temperature) and air velocity to a degree, to better approximate thermal expectations. It is because of this, operative temperature can serve better for control of building systems (say window, ceiling fan or mechanical systems operation).

The Indoor operative temperature takes into account; the air temperature, mean radiant temperature and air speed. At air velocities less than 0.2 m/sec (or 40 feet per minute), the operative temperature is the mean of dry bulb temperature and mean radiant temperature.



Metric – Degree Discomfort Hour (DDH)

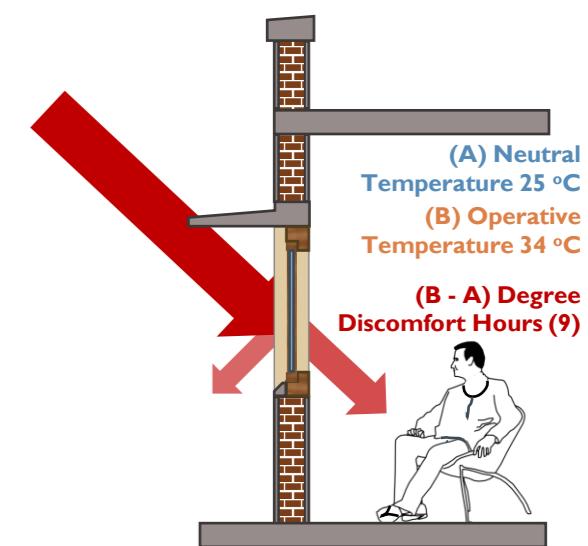
Indoor operative temperature also presents an opportunity to measure discomfort severity.

Discomfort severity is measured in terms of ‘Degree Hours’, i.e. the deviation from desired temperature at a given hour. For example, if the desired (or neutral) temperature at a given hour is 25°C and the operative temperature is 34°C, then the operative temperature exceeds thermal expectations for that hour by 9 degree-hours. Cumulating discomfort for each hour annually provides an annualized metric for discomfort.

Summer discomfort (due to overheating) is typically reported as a positive quantity, and winter discomfort is reported as a negative quantity. Therefore, cumulating Discomfort Degree Hours over seasons lends itself as a seasonal metric as well. However, for reporting annual discomfort, only absolute values of degree discomfort must be computed.

$$DDH = \sum_{i=1}^{8760} |T_{neut}^i - T_{op}^i|$$

Note: Neutral temperature represents a state when occupants’ thermal vote is neutral, i.e., neither feeling hot nor cold, or in other words, feeling comfortable.



Climate and its characteristics

02



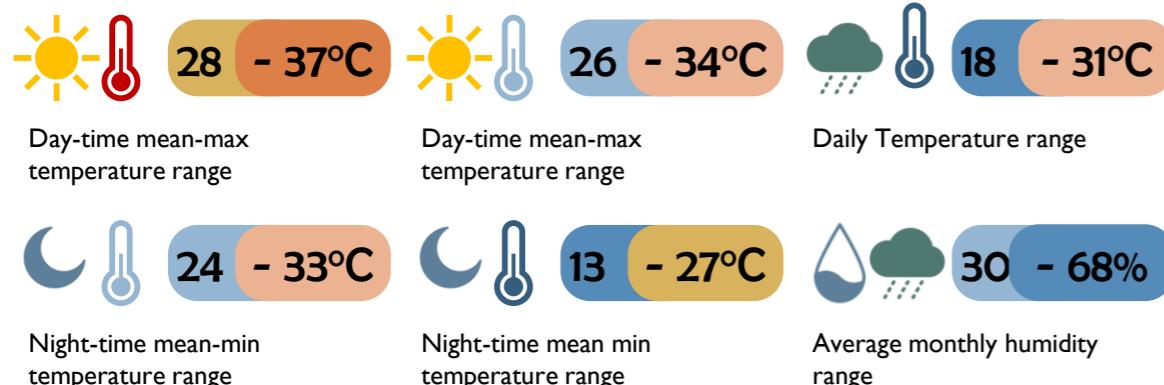
A

Some of the major cities in Temperate climate



04

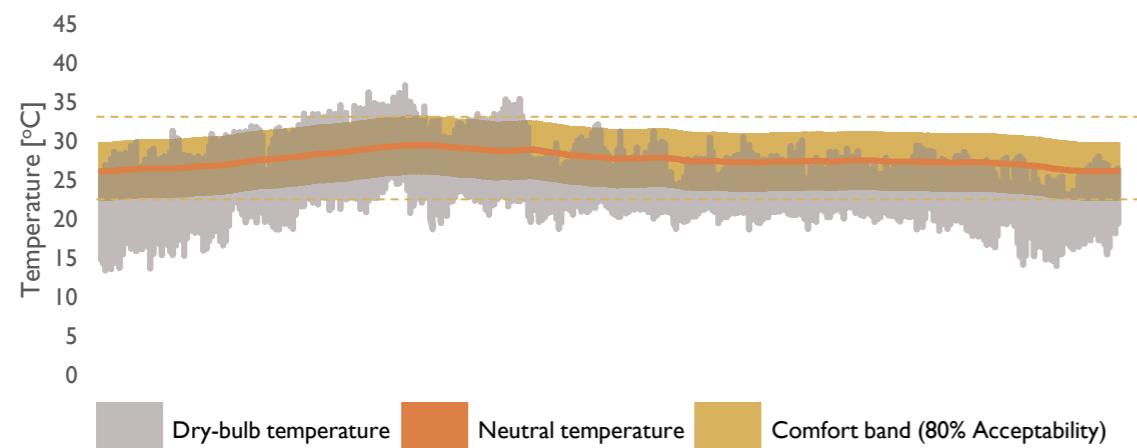
B Seasonal characteristics



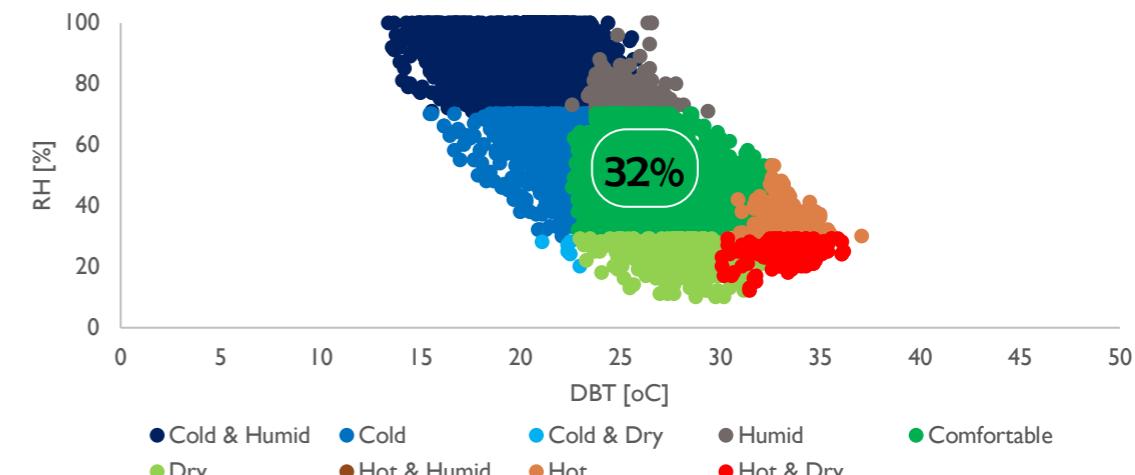
Note: Statistics compiled from Bengaluru's climate. Assumed Dec – Mar as winter period, Apr – Jul summer period and Jul – Oct as monsoon period.

Temperate climate is characterized by warm summers and cool winters. The temperatures are moderate throughout the year.

C Thermal comfort potential

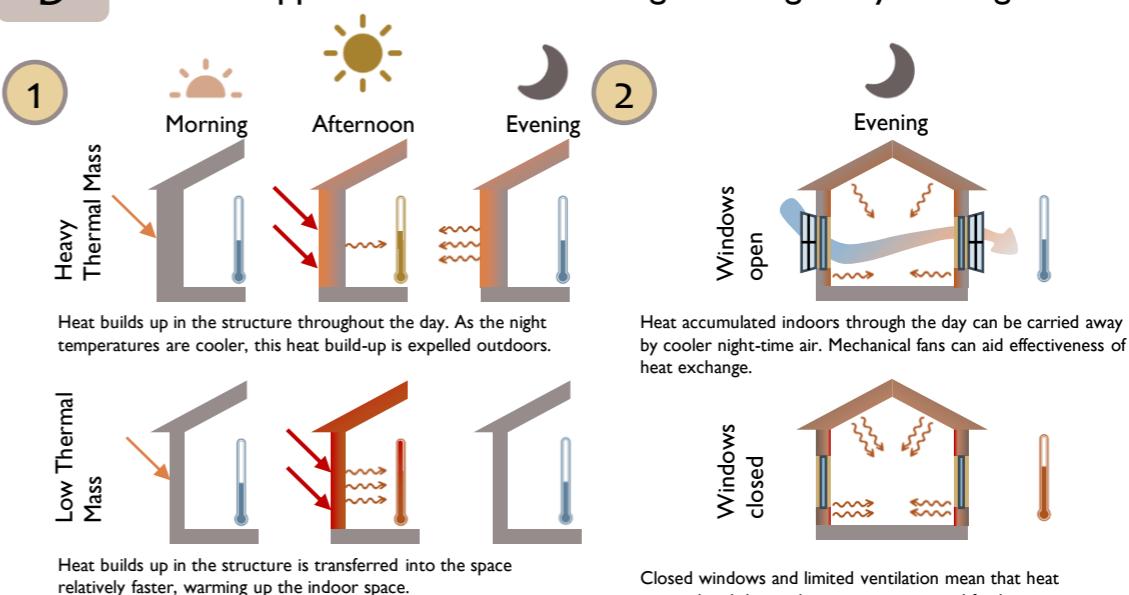


Note: Comfort assessments are an outcome of the application of an adaptive comfort model derived from scientific studies in the Indian residential context.



Note: Comfort assessments are an outcome of the application of an adaptive comfort model derived from scientific studies in the Indian residential context.

D Climatic opportunities: Diurnal range and night-sky cooling



Thermal mass

Building materials with high capacity to store heat, dampen the impact of external temperatures to maintain comfortable condition indoors. Thermal mass is feasible when diurnal range or difference in daily maximum and minimum temperature exceeds 6°C.

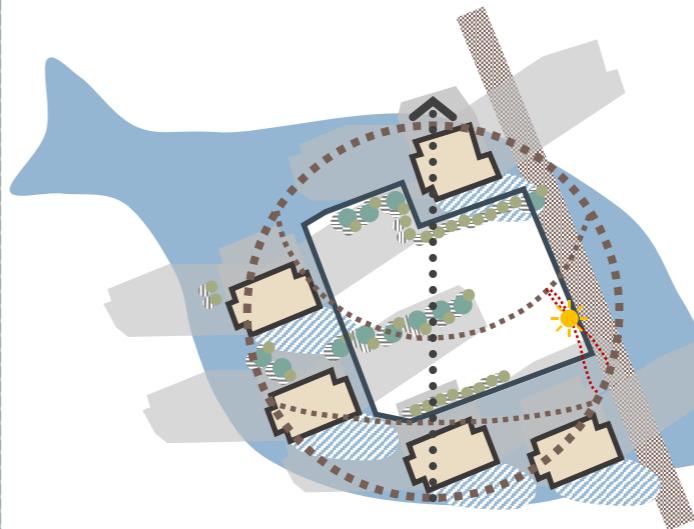
Night-time ventilation

Heat absorbed by building surfaces through the day is radiated inside as long-wave infrared even after the sun sets. Since ambient temperatures at night can be lower than the indoor space temperatures, there is an opportunity to remove this heat build-up by opening windows and/or mechanically ventilating during night-time.

Passive design features for thermal comfort

03

A Site context: Microclimate, siting & orientation

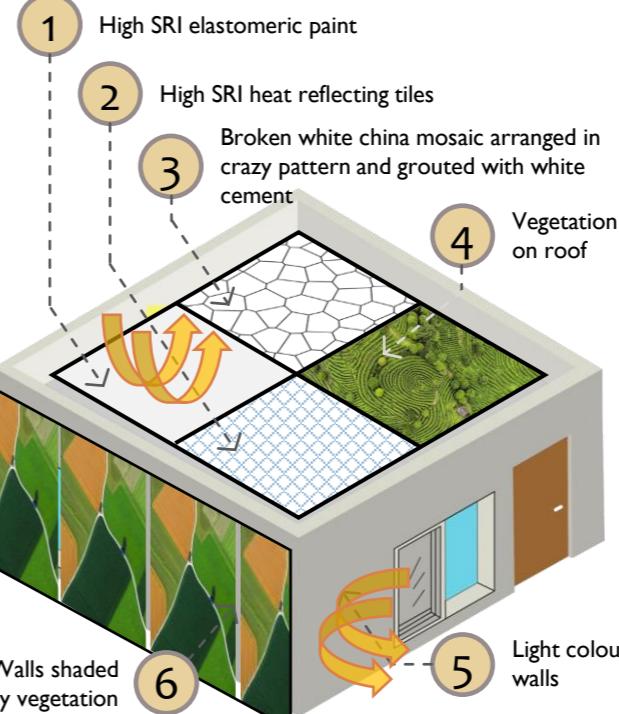


1 Weather data for site location
Identify periods of year the building is likely to experience discomfort. Prioritize passive solutions for these time periods. (See climate section.)

2 Sun path and solar radiation analyses
Perform sun-path studies of existing context (including trees) to identify solar access on site. This can be useful in identifying buildable zones, and shaping building form.

3 Wind analysis
Wind studies (based on predominant wind direction during discomfort periods) can be used to identify natural ventilation potential of the site.

B1 Mitigating urban heat islands – reflective roof and wall surfaces



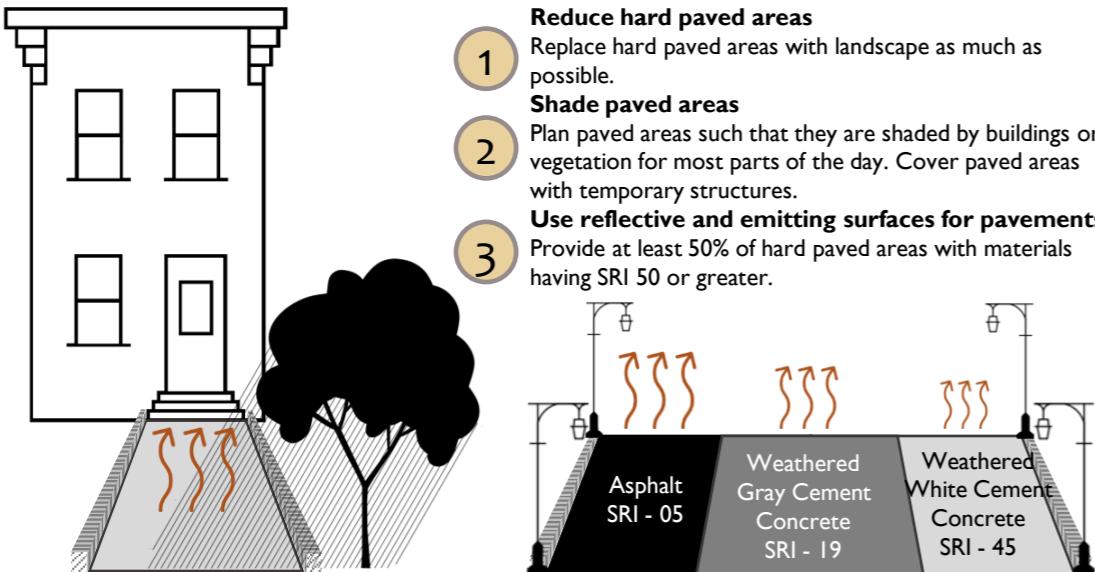
Cool Roofs and Cool Walls
Reflective and emitting exterior surfaces have the potential of reducing surface temperatures by 4-5°C. This in turn can reduce the amount of heat being transferred to indoor spaces. This can also enhance the overall microclimate by mitigating urban heat islands.

Exposed roof surfaces may be treated with either:

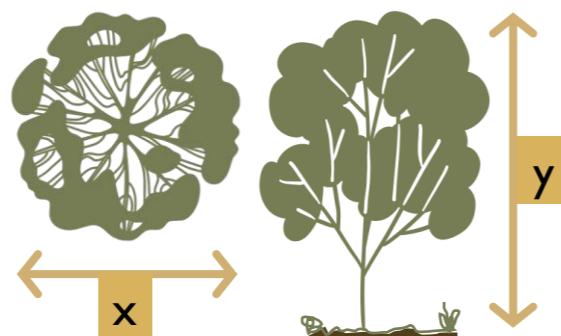
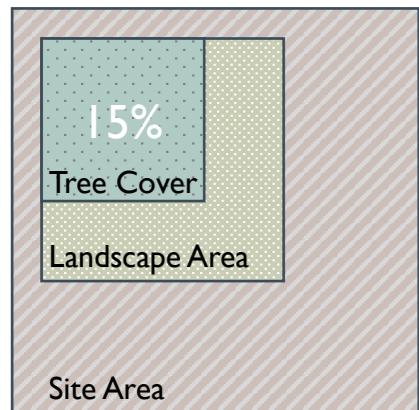
1. High SRI elastomeric paint
2. Heat reflecting tiles
3. Broken white china mosaic grouted with white cement
4. Vegetation on walls and roof surfaces have an effect similar to reflective and emitting surfaces. Landscaping uses soil media which has the potential of providing insulation as well.

Exposed wall surfaces may be painted with heat reflective paints.

B2 Mitigating urban heat islands – reducing paved surfaces



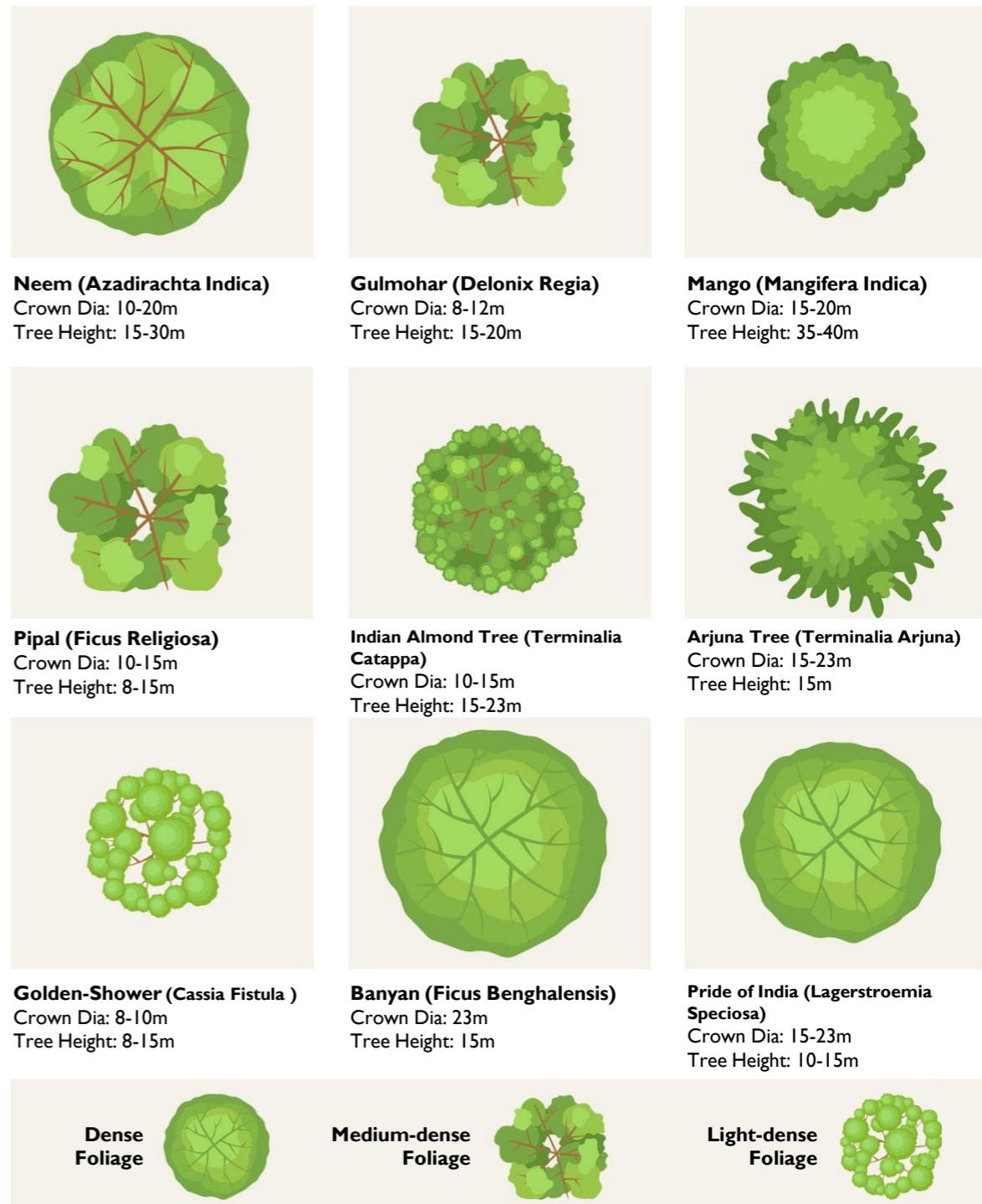
B3 Mitigating urban heat islands – minimum tree cover



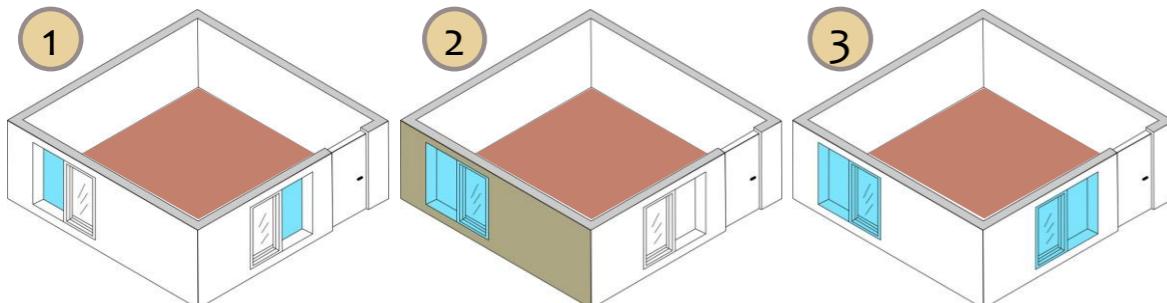
Trees moderate the microclimate by reflecting radiation, evapotranspiration and by providing shade. This leads to reduction in ambient temperatures and overall improvement in thermal comfort.

⚠ While a higher tree canopy is desirable, it may lead to high humidity that could adversely impact thermal comfort outcomes. Similarly, while high foliage density is desirable, its impact on the built environment during winter months must be taken into account. Due care must be practiced while selecting tree species.

B3-1 Tree canopy area of common Indian trees



C Opening ratios for regulating ventilation & heat gains



$$\text{Openable Window Area} / \text{Carpet Area} \geq 1/8$$

$$\text{Window Area} / \text{Wall Area} \leq 1/4$$

$$\text{Window Area} / \text{Carpet Area} \leq 2/5$$

Operable window area ratio

At least 1/8th of window area serving habitable spaces should be openable. This will ensure all habitable spaces are adequately ventilated.

Windows serving habitable spaces must open to the exteriors.

*Perform check for each external wall with windows

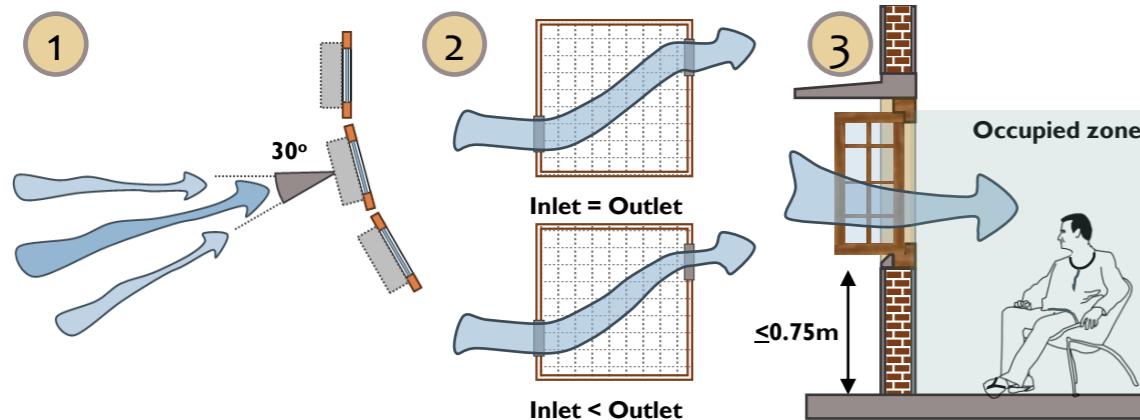
Window to wall area ratio

No wall should have window exceeding 1/4th of its area. Large windows have the potential to cause hot pockets within a room due to direct radiation.

Operable window to wall area ratio

Overall window opening area should not exceed 40% of overall carpet area. Limiting glazing area avoids excessive heat gains and losses in the space.

D Window openings for enhanced ventilation



Window orientation

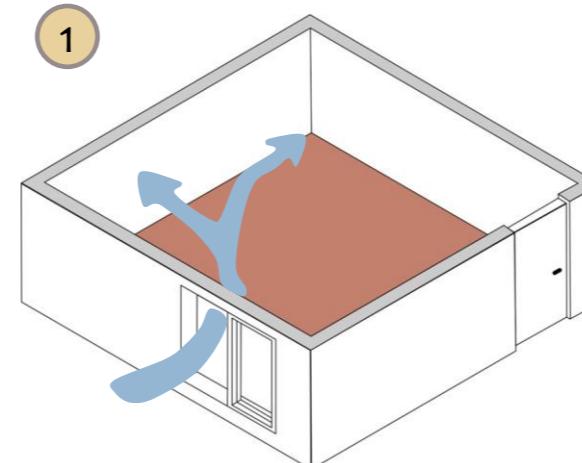
Windows facing the windward side function as air inlets. Orient inlet windows within 30° of the prevalent wind direction to maximize the effectiveness of natural ventilation.

Window size distribution

Inlet windows shall be equal to or larger than the outlet windows to enhance air movement within the indoor space.

Window sill height

Window sill height at 0.75 m is ideal for the seated position. Judicious planning of window heights enables air movement in the occupied zone.

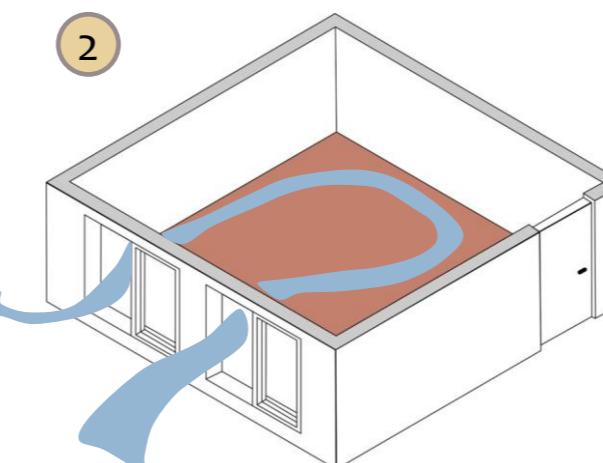


Level A

Single-sided ventilation

A window placed on a single external wall provides ventilation and, access to daylight and views. It is necessary that this window opening is unobstructed.

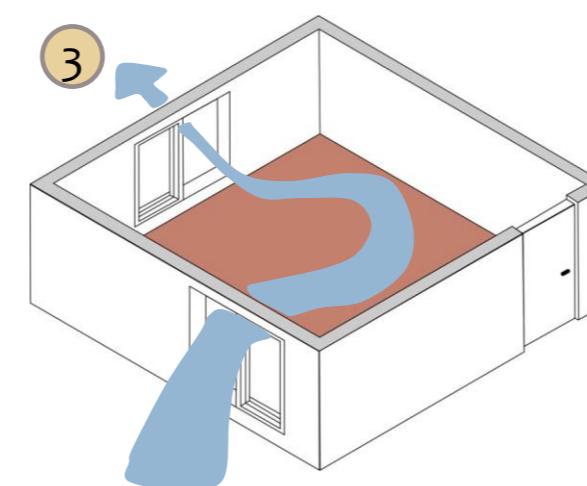
Compared to no windows, a single window provides significant improvement to quality of space.



Level A+

Single sided ventilation: Openings distributed on a single side

Distributing windows on single side not only improves ventilation performance, but also daylight performance.



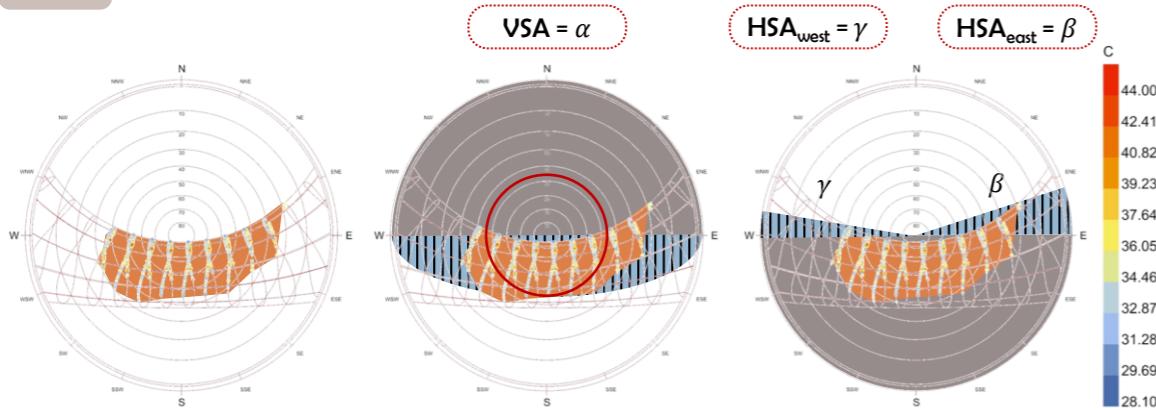
Level A++

Two (or more)-sided ventilation: Windows on adjacent walls

Placing windows on two or more walls improves ventilation performance compared to single-sided ventilation,

Further, placing windows diagonally across is expected to provide best ventilation performance..

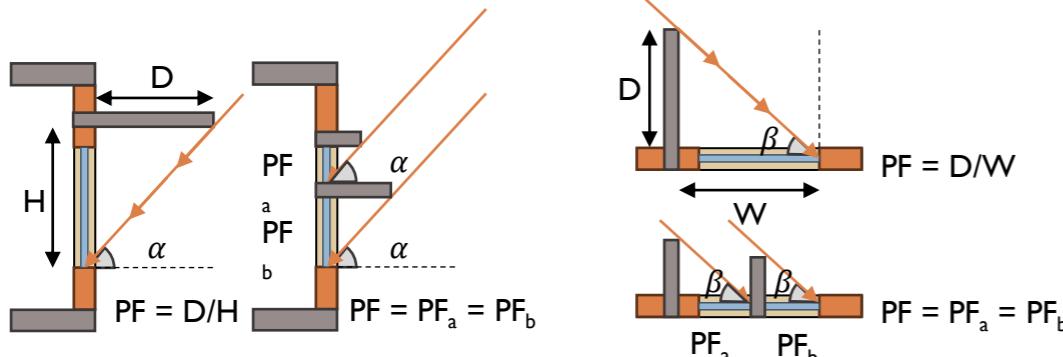
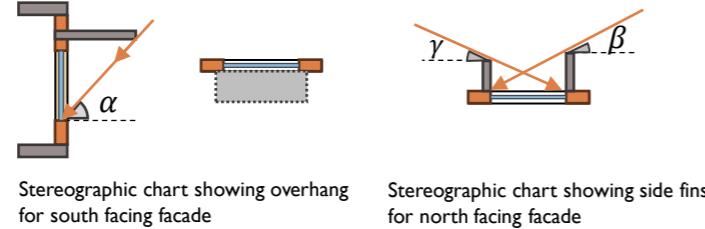
E Window shading for limiting thermal gains



Designing for shading – When to shade?

Design for shades whenever ambient temperature exceeds 28 °C and global horizontal radiation exceeds 315 kWh/m².

A stereographic chart is a useful tool for superimposing solar path and weather data to identify time of the year when shading is required.



Designing for shading – How to shade?

Read projection factors for your climate and latitude from the Shading factor tables. While shading is the primary defense against solar gains, it may not be practical to design a single shade. Take cues from the image above on distributing overhangs and fins into multiple elements (while maintain the projection factor) for designing practical shading devices.

Overhang Projection Factor

Projection factor or (PF) is the ratio of the depth of the overhang (i.e. D) to the distance of sill from the base of the overhang (i.e. H).

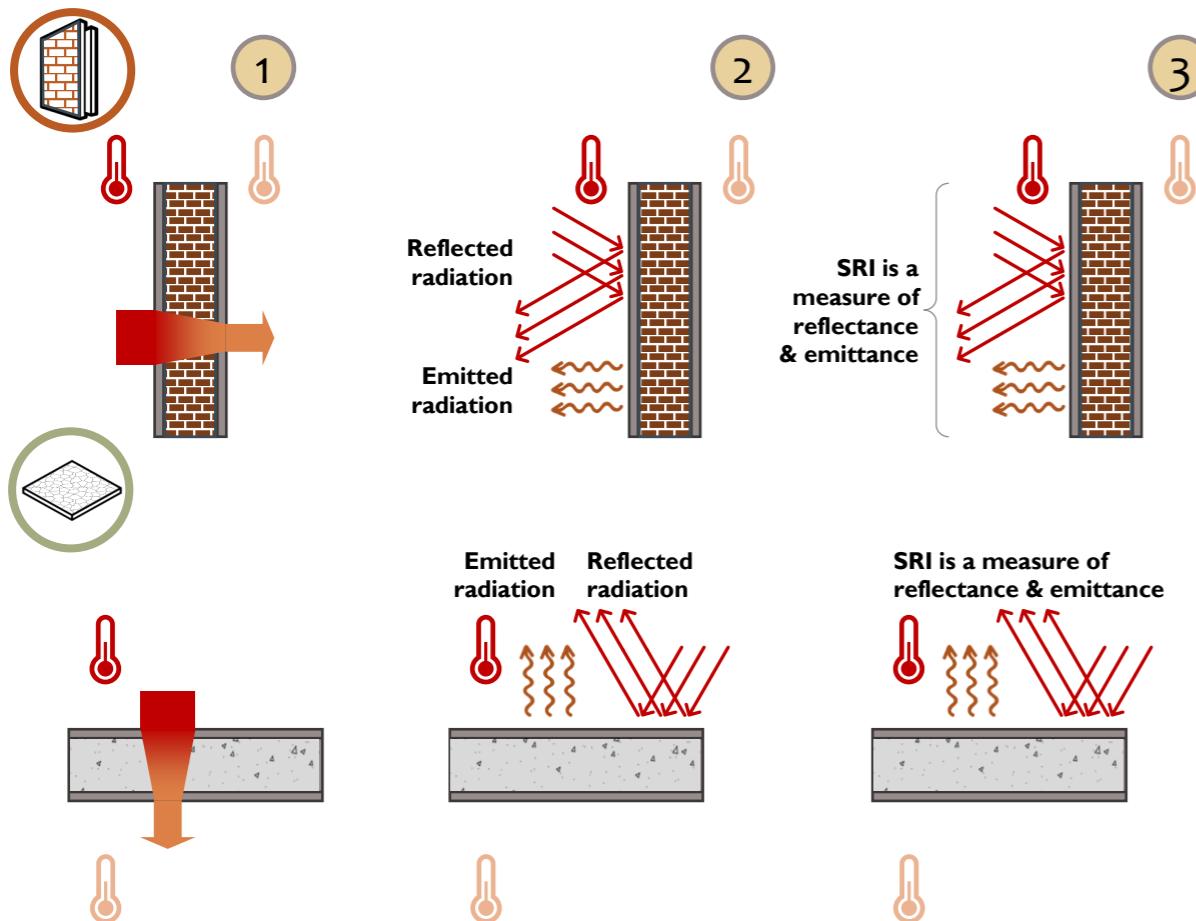
Fin Projection Factor

Projection factor or (PF) is the ratio of the depth of the fin (i.e. D) to the distance of the furthermost edge of the window from the base of the fin (i.e. H).

Window shading factors for locations in Temperate climate over $\leq 23.5^{\circ}$ N

Orientation	0°	45°	90°	135°	180°	225°	270°	315°
Shade type	O-H	Fin	O-H	Fin	O-H	Fin	O-H	Fin
Projection Factors	0.47	L-0.36 R-0.36	1.00	-	0.84	-	0.84	-
Shadow mask								
Section through window – Plan view								
Section through window - Elevation view								

F1 Key performance parameters: Opaque assemblies – Wall & Roof



Thermal Conductance (U-factor)
U-factor of an opaque construction assembly is a measure of heat conducted through a unit area of material for 1°C temperature difference.

ISO 6946 provides method for testing thermally homogeneous (including assemblies with air layers) assemblies. It also provides an approximate method for evaluating inhomogeneous layers.

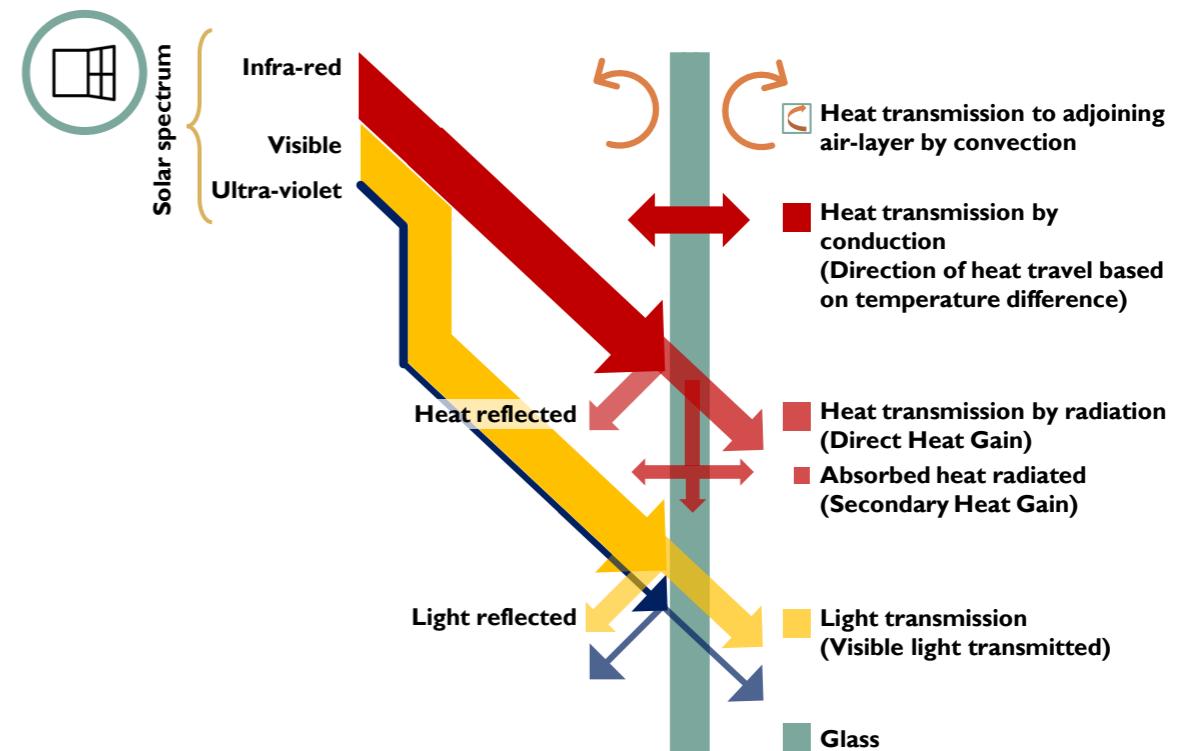
Reflectance & Emittance
As solar radiation strikes an opaque surface, a part of it gets absorbed, while the rest gets reflected. The portion absorbed by the surface is 'emitted' out as long-wave infra-red radiation. The reflected component is termed as 'Reflectance' and the emitted component is termed as 'Emittance'. Both are expressed as a ratio between 0 and 1.

For external wall surfaces, the test procedures for evaluating reflectance and emittance are detailed out in Wall Product Rating Program Manual CRRC-2.

Solar Reflective Index (SRI)
Solar reflective index is a metric that combines the effect of a material's ability to reflect incident solar radiation as well as its ability to emit thermal radiation.

The SRI value of a product shall be tested as per ASTM E 1980. This standard defines the method to determine the solar reflectance, the thermal emittance and the subsequent calculation for SRI.

F2 Key performance parameters: Transparent Assemblies - Glazing



1 Thermal Conductance (U-factor)

The thermal conductance of glass is the amount of non-solar heat (i.e. heat flow via conduction and convection) transmitted through a glazing of unit area for 1°C temperature difference.

U-factor may also be used to represent the thermal conductance across a glazing construction assembly, i.e. glass along with frame, spacer material and other components.

2 Solar Heat Gain Coefficient (SHGC)

SHGC is a measure of heat transmitted through the glazing via radiation. It is a unitless metric and expressed as a number between 0 and 1.

SHGC is the fraction of solar heat gain radiated through the glazing either directly or after absorption.

3 Visible Light Transmittance (VLT)

VLT is a measure of light entering into the space through the glazing. It is a unitless metric and expressed as a number between 0 and 1.

VLT is the fraction of light in the visible spectrum transmitted through the glass. VLT is arrived at after weighting for sensitivity of the human eye.

Performance tests for U-factor, SHGC and VLT for glazing and glazing assemblies (U-factor)

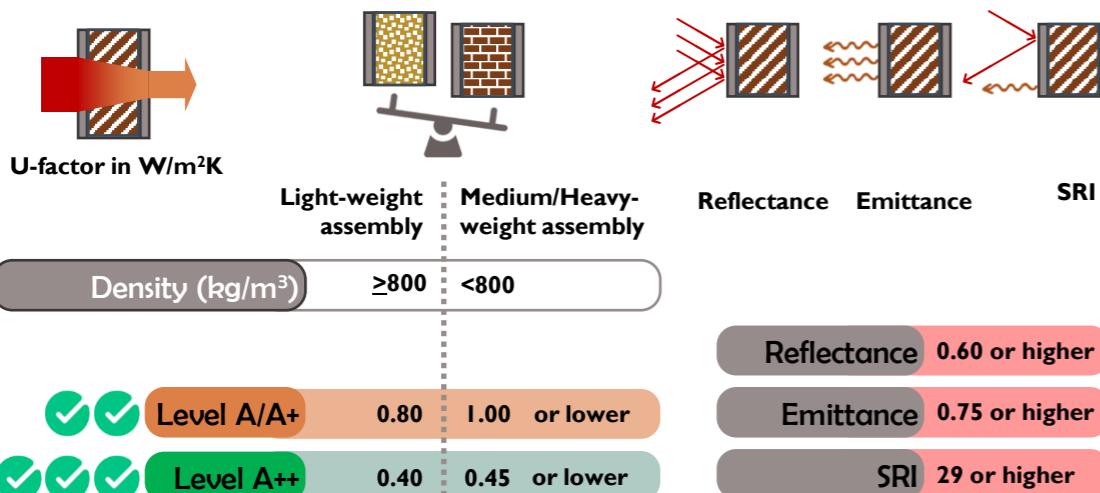
ISO-9050 provides methods for testing glass for, U-factor, Solar Heat Gain Coefficient (SHGC) and Visible Light Transmittance (VLT).

ISO 12576-1 provides test methods for testing complete glazing construction assemblies, i.e. glass along with frame, sash, shutter, etc. for U-factor, SHGC and VLT.

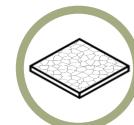
G1 Key performance requirements: Opaque assemblies – Wall & Roof



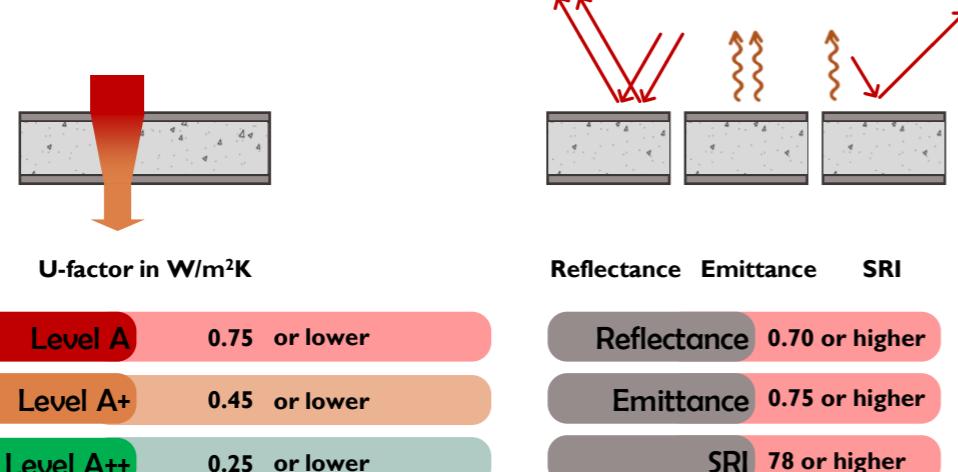
Wall assembly



Note: Level A++ is a mandatory if the residential building is mechanically air-conditioned.



Roof assembly

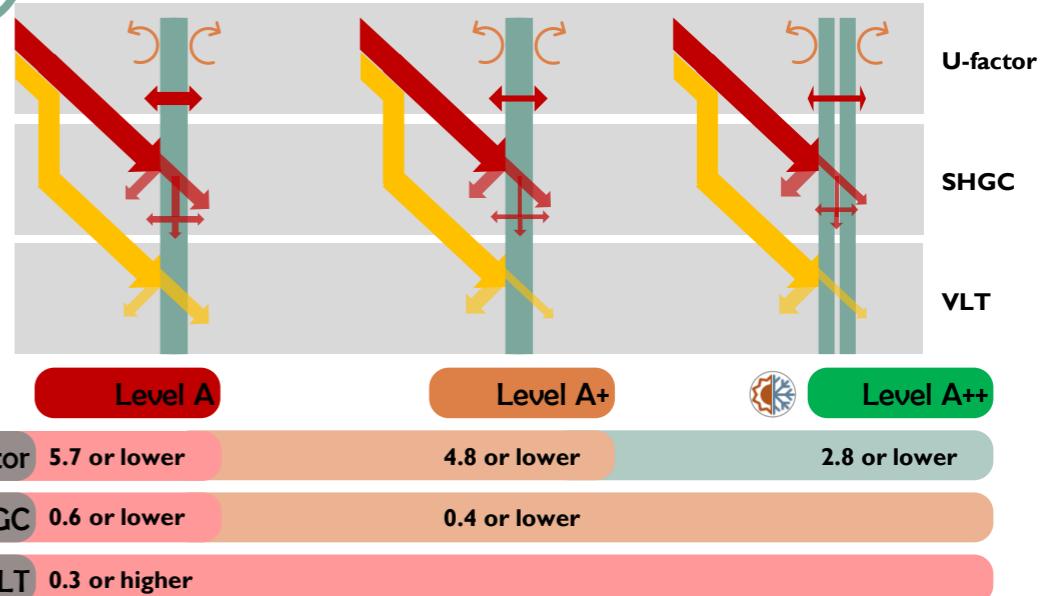


Note: Level A++ is a mandatory if the residential building is mechanically air-conditioned.

G2 Key performance requirements: Glazing assembly



Glazing assembly



Note: Level A++ is a mandatory if the residential building is mechanically air-conditioned.



Glazing frame type to reduce thermal bridging and air leakage



Metal frame with thermal break



Wooden frame

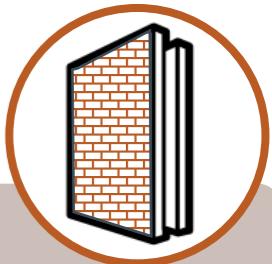
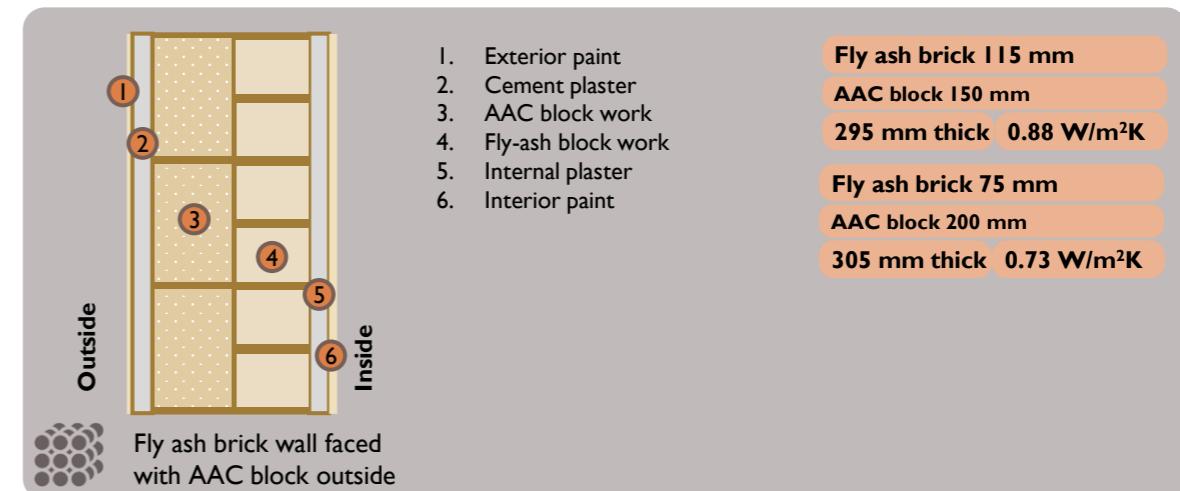
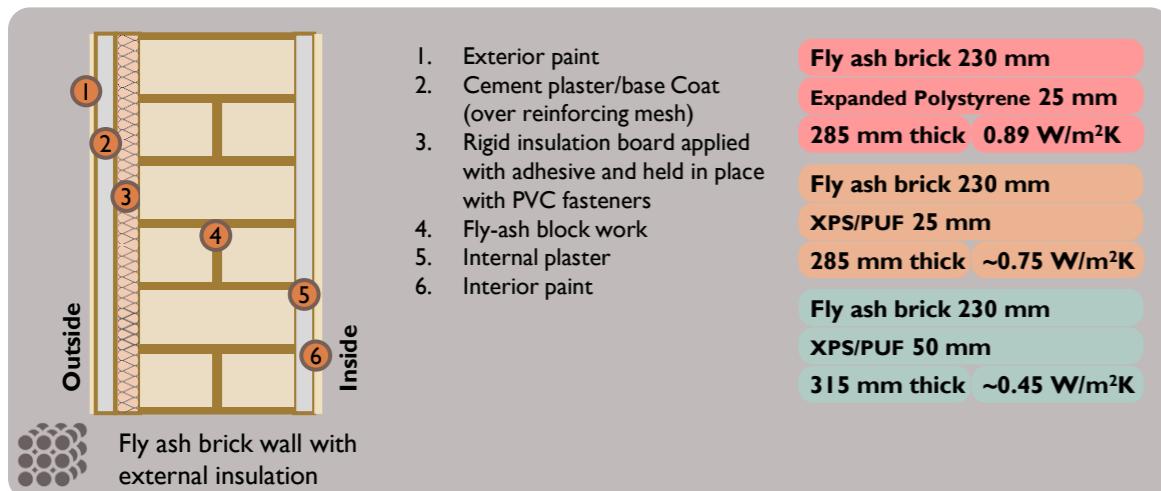
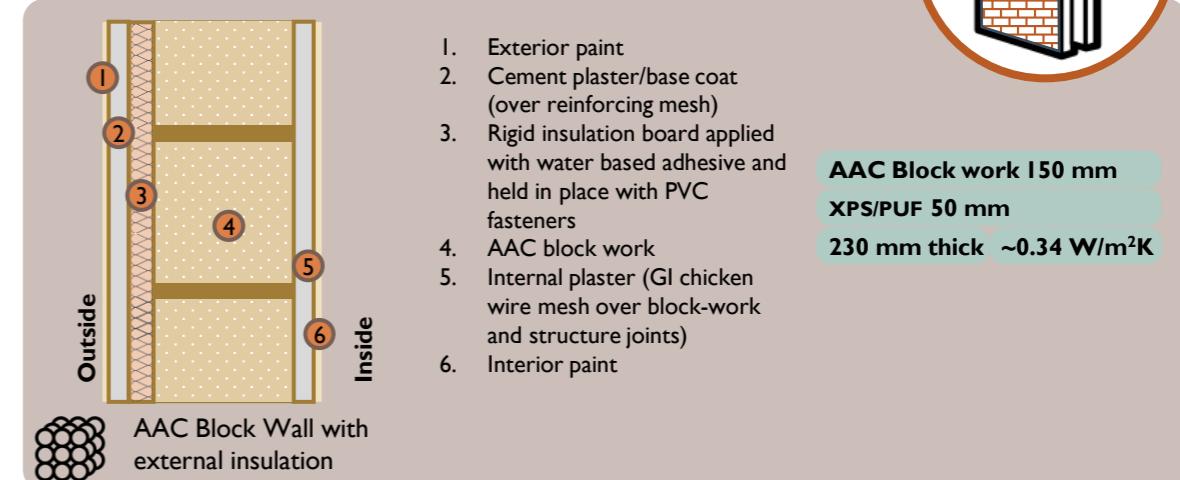
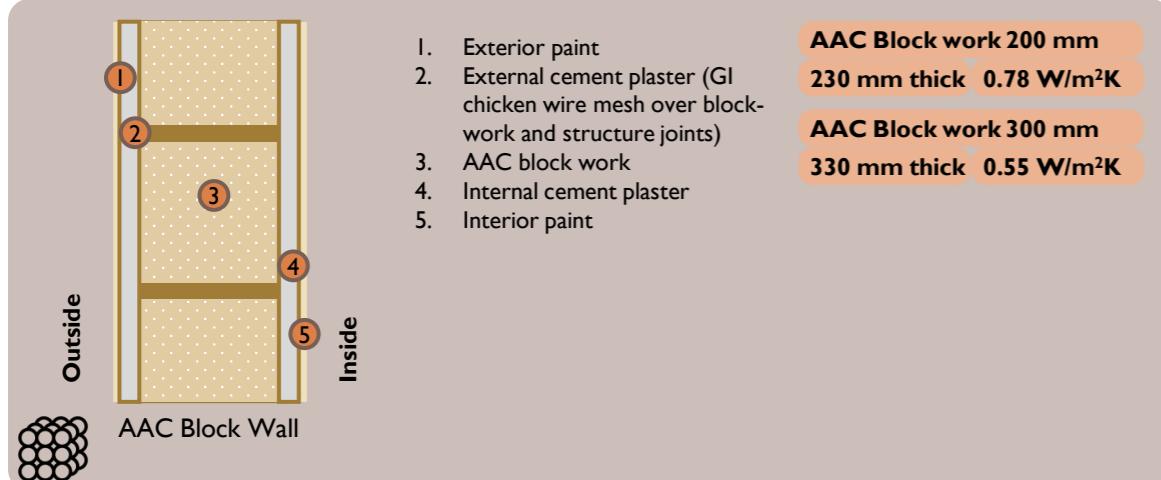


Vinyl frame

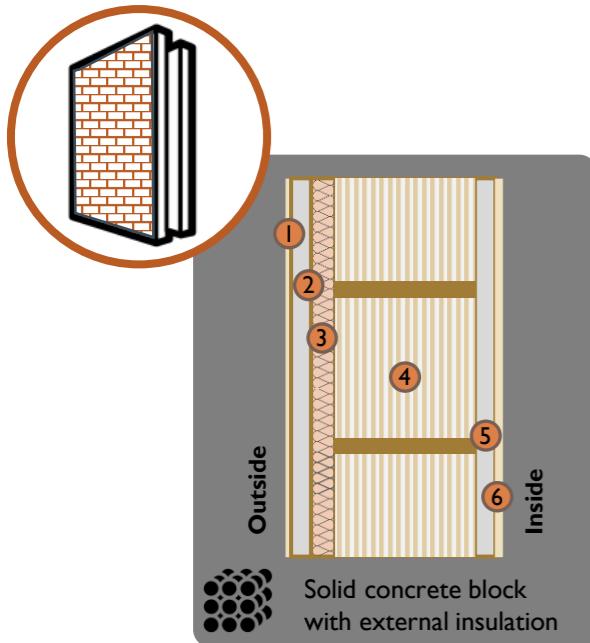


Windows are a potential thermal bridge, i.e. source of uncontrolled thermal exchange between the indoor space and the external environment. In naturally ventilated buildings, metal frame with thermal break, wooden and vinyl window frames minimize bridging losses. In air-conditioned buildings, it is especially important to eliminate thermal bridges to minimize cooling/heating losses. Wood and vinyl are preferred in conditioned buildings as these are relatively less conducting. For all frame types, weatherstripping between sash and window frame, and caulk between window frame and structure are essential to effectively seal the windows and reduce uncontrolled air leakage.

H1 Performance bundles – Wall

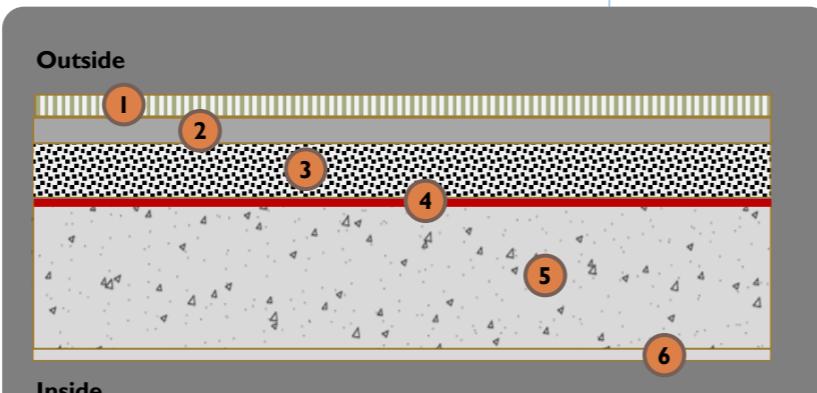


H1 Performance bundles – Wall



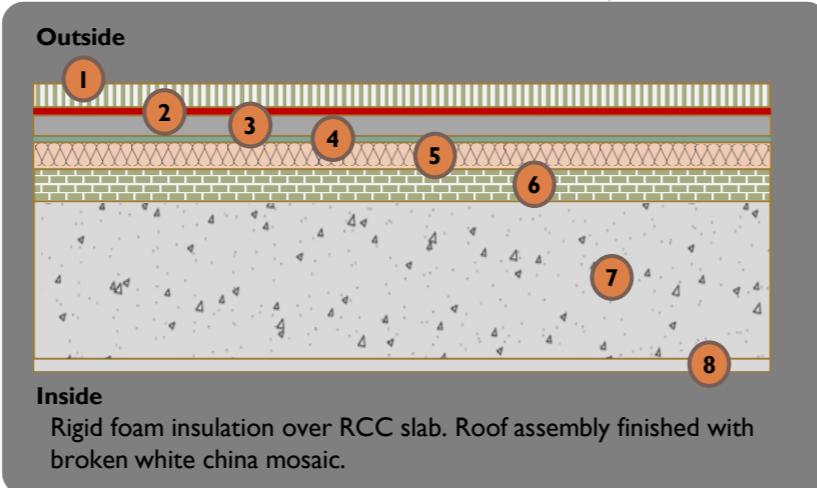
- Solid concrete block 200 mm**
Extruded Polystyrene 25 mm
255 mm thick $0.81 \text{ W/m}^2\text{K}$
- Solid concrete block 200 mm**
Polyurethane Foam 25 mm
255 mm thick $0.77 \text{ W/m}^2\text{K}$
- Solid concrete block 200 mm**
XPS/PUF 50 mm
285 mm thick $0.45 \text{ W/m}^2\text{K}$

H2 Performance bundles – Roof



1. Broken china mosaic (white tiles grouted with white cement) applied with cement mortar
2. Plain Cement Concrete (PCC) screed laid to slope
3. Foam concrete
4. Waterproofing layer
5. Reinforced Cement Concrete (RCC) slab (as/structural design)
6. Internal plaster

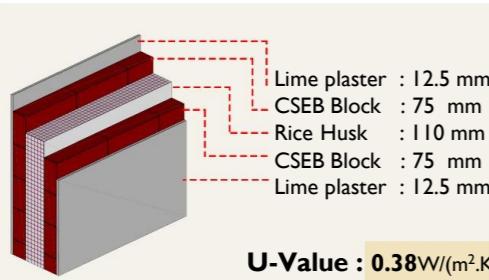
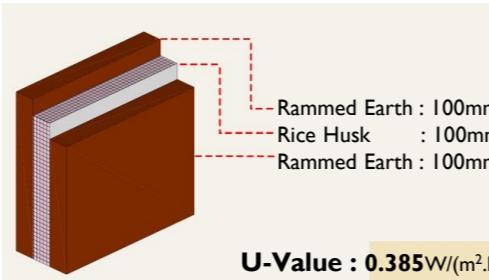
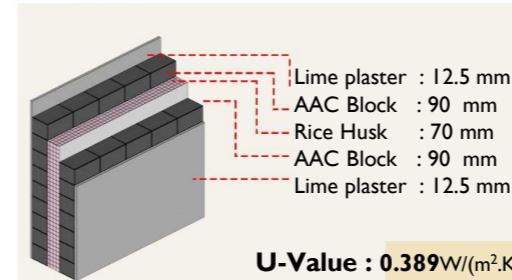
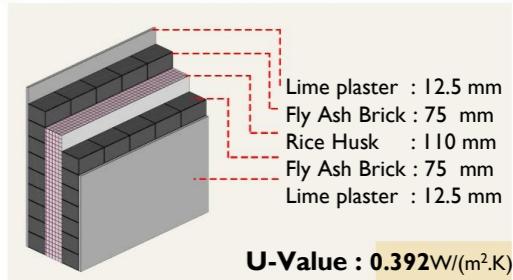
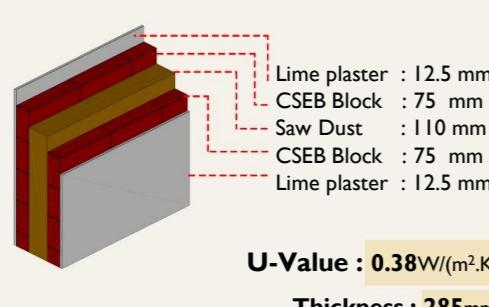
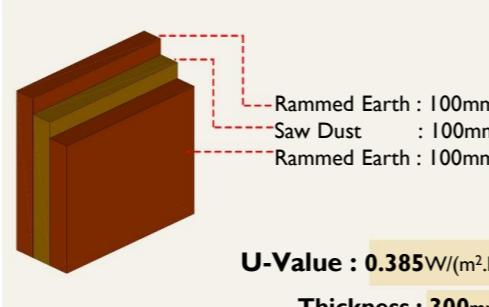
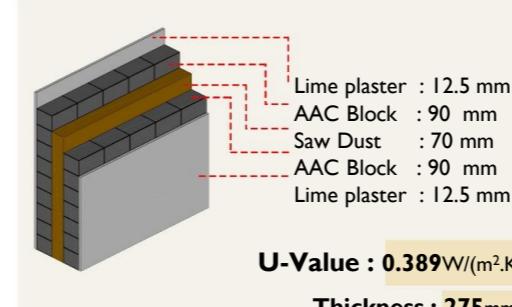
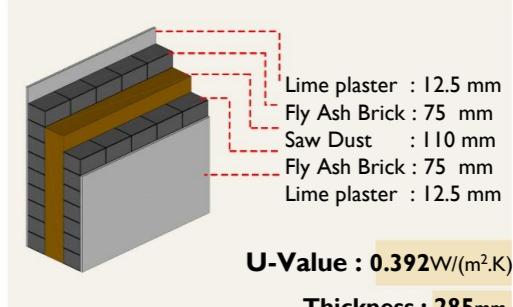
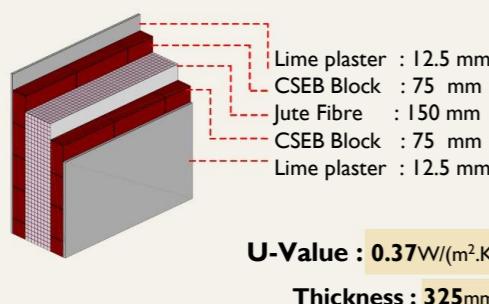
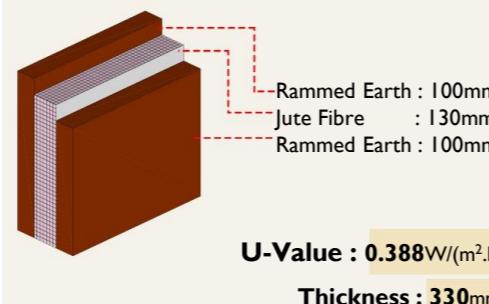
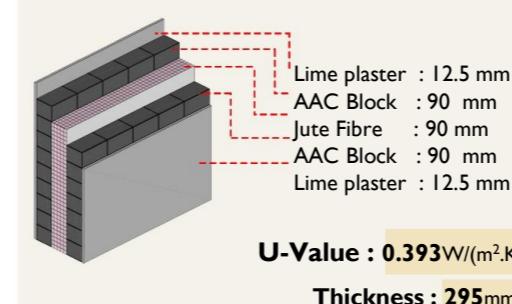
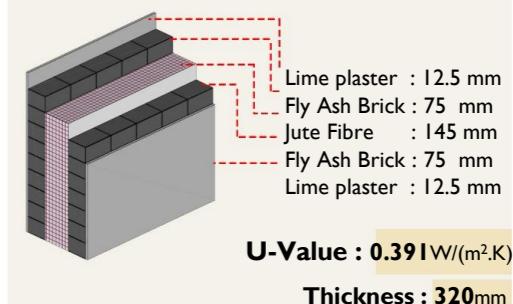
- Foam concrete 75 mm**
RCC slab as/design
 $\sim 280 \text{ mm thick}$ $\sim 0.73 \text{ W/m}^2\text{K}$
- Foam concrete 150 mm**
RCC slab as/design
 $\sim 355 \text{ mm thick}$ $\sim 0.41 \text{ W/m}^2\text{K}$



1. Broken china mosaic (white tiles grouted with white cement) applied with cement mortar
2. Water proofing layer
3. Cement screed with welded mesh
4. Polythene sheet/Geo-textile membrane
5. Rigid insulation board applied with water-based adhesive
6. Brick-bats/Plain Cement Concrete (PCC) laid to slope
7. RCC slab (as/structural design)
8. Internal plaster

- PUF/XPS 25 mm**
RCC slab as/design
 $\sim 280 \text{ mm thick}$ $\sim 0.73 \text{ W/m}^2\text{K}$
- PUF/XPS 50 mm**
RCC slab as/design
 $\sim 305 \text{ mm thick}$ $\sim 0.45 \text{ W/m}^2\text{K}$
- PUF/XPS 75 mm**
Foam Concrete 100mm*
RCC slab as/design
 $\sim 305 \text{ mm thick}$ $\sim 0.45 \text{ W/m}^2\text{K}$

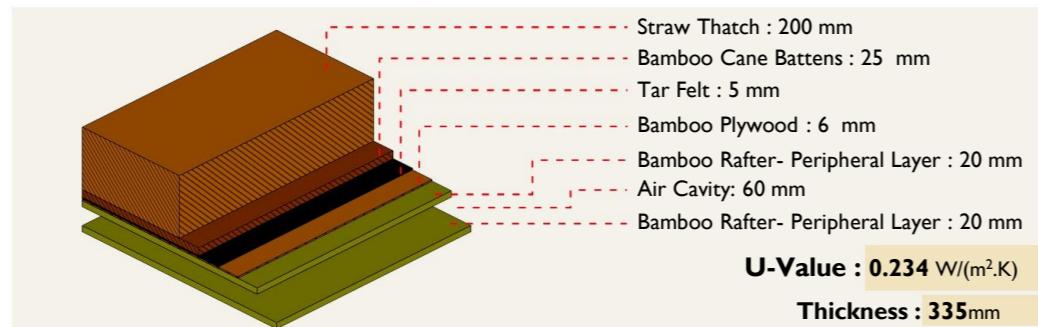
*Replace Brick-bat coba/PCC in #6 with foam concrete – laid to slope.

Compressed Stabilised Earth Block**Rammed Earth****Autoclave Aerated Concrete Block****Fly Ash Brick**With
Rice Husk
Insulation**U-Value : 0.38W/(m².K)**
Thickness : 285mm**U-Value : 0.385W/(m².K)**
Thickness : 300mm**U-Value : 0.389W/(m².K)**
Thickness : 275mm**U-Value : 0.392W/(m².K)**
Thickness : 285mmWith
Saw Dust
Insulation**U-Value : 0.38W/(m².K)**
Thickness : 285mm**U-Value : 0.385W/(m².K)**
Thickness : 300mm**U-Value : 0.389W/(m².K)**
Thickness : 275mm**U-Value : 0.392W/(m².K)**
Thickness : 285mmWith
Jute Fibre
Insulation**U-Value : 0.37W/(m².K)**
Thickness : 325mm**U-Value : 0.388W/(m².K)**
Thickness : 330mm**U-Value : 0.393W/(m².K)**
Thickness : 295mm**U-Value : 0.391W/(m².K)**
Thickness : 320mm

H3 High thermal performance bundles – Alternative materials for roof construction

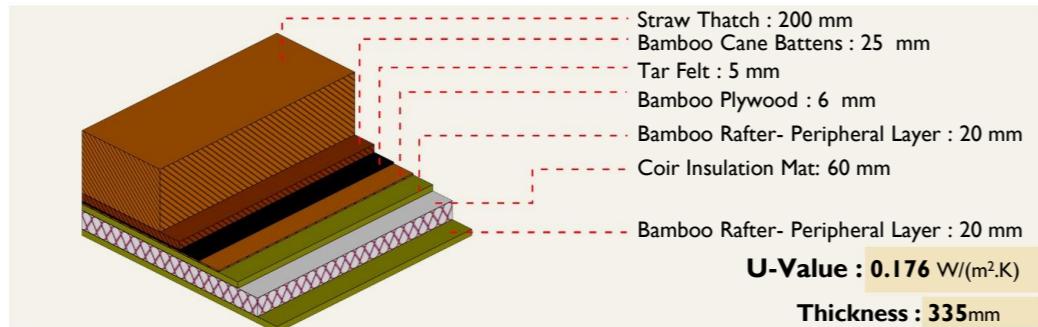
✓✓✓ Level A++

Straw Thatch Roof



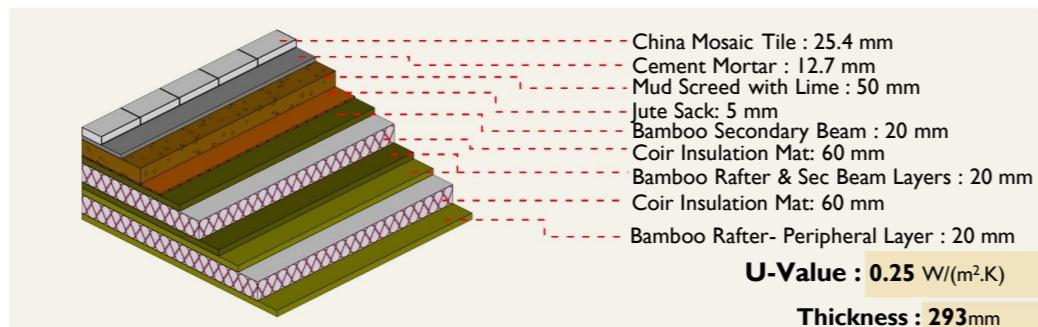
✓✓✓ Level A++

Straw Thatch Roof with Coir Insulation



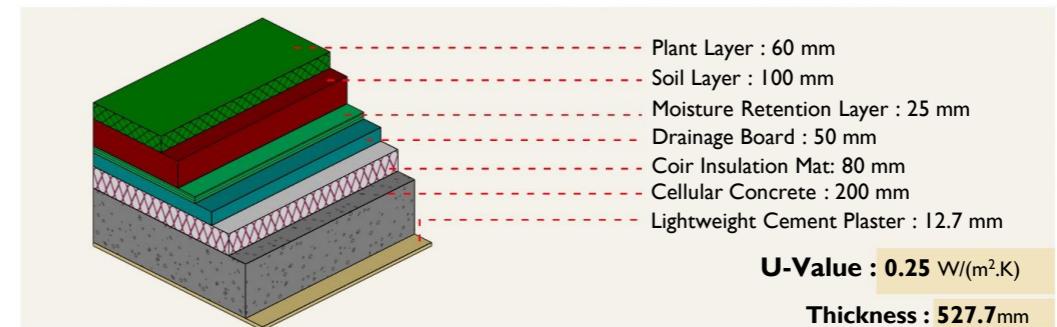
✓✓✓ Level A++

Bamboo Mud Slab with Coir Insulation



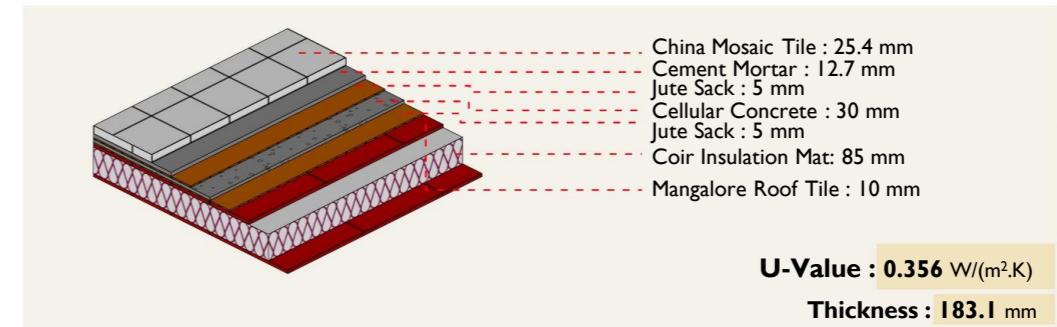
✓✓✓ Level A++

Green Roof with Coir Insulation



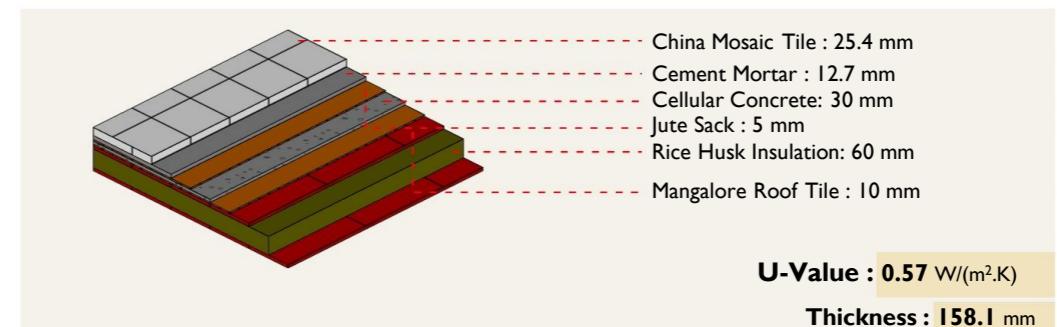
✓✓ Level A+

Terracotta Tile RCC Filler Slab with Coir Insulation

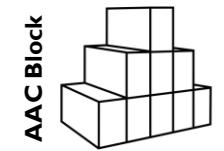


✓ Level A

Terracotta Tile RCC Filler Slab with Rice Husk Insulation



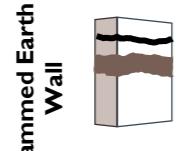
H5 Key material specifications



Conductivity
{W/mK} **0.184**

Density
{kg/m³} **642**

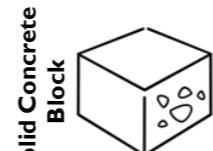
Source: CBERD-MNRE



Conductivity
{W/mK} **0.58**

Density
{kg/m³} **1,540**

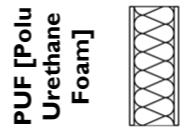
Source: Gupta P., et al.



Conductivity
{W/mK} **1.411**

Density
{kg/m³} **2,350**

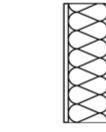
Source: SP-41



Conductivity
{W/mK} **0.026**

Density
{kg/m³} **38-42**

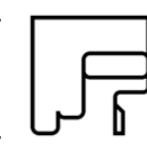
ASHRAE Handbook (Fundamentals)



Conductivity
{W/mK} **0.067**

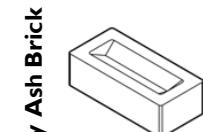
Density
{kg/m³} **329**

Source: SP-41



>78

SRI



Conductivity
{W/mK} **0.856**

Density
{kg/m³} **1,650**

Source: Gourav K., et al.



Conductivity
{W/mK} **1.026**

Density
{kg/m³} **1,700**

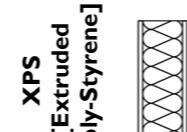
Source: Balaji N.C., et al.



Conductivity
{W/mK} **0.188**

Density
{kg/m³} **704**

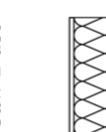
Source: SP-41



Conductivity
{W/mK} **0.029**

Density
{kg/m³} **34-36**

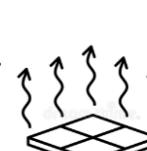
ASHRAE Handbook (Fundamentals)



Conductivity
{W/mK} **0.051**

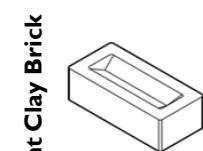
Density
{kg/m³} **188**

Source: SP-41



>78

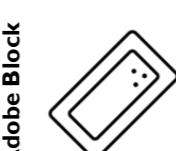
SRI



Conductivity
{W/mK} **0.811**

Density
{kg/m³} **1,820**

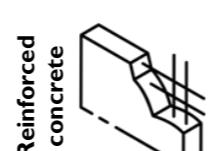
Source: SP-41



Conductivity
{W/mK} **0.75**

Density
{kg/m³} **1,731**

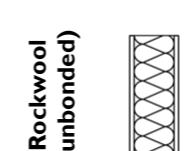
Source: SP-41 (Mud-brick)



Conductivity
{W/mK} **1.580**

Density
{kg/m³} **2,288**

Source: SP-41



Conductivity
{W/mK} **0.043**

Density
{kg/m³} **150**

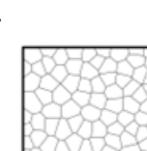
Source: SP-41



Conductivity
{W/mK} **0.051**

Density
{kg/m³} **120**

Source: SP-41



>78

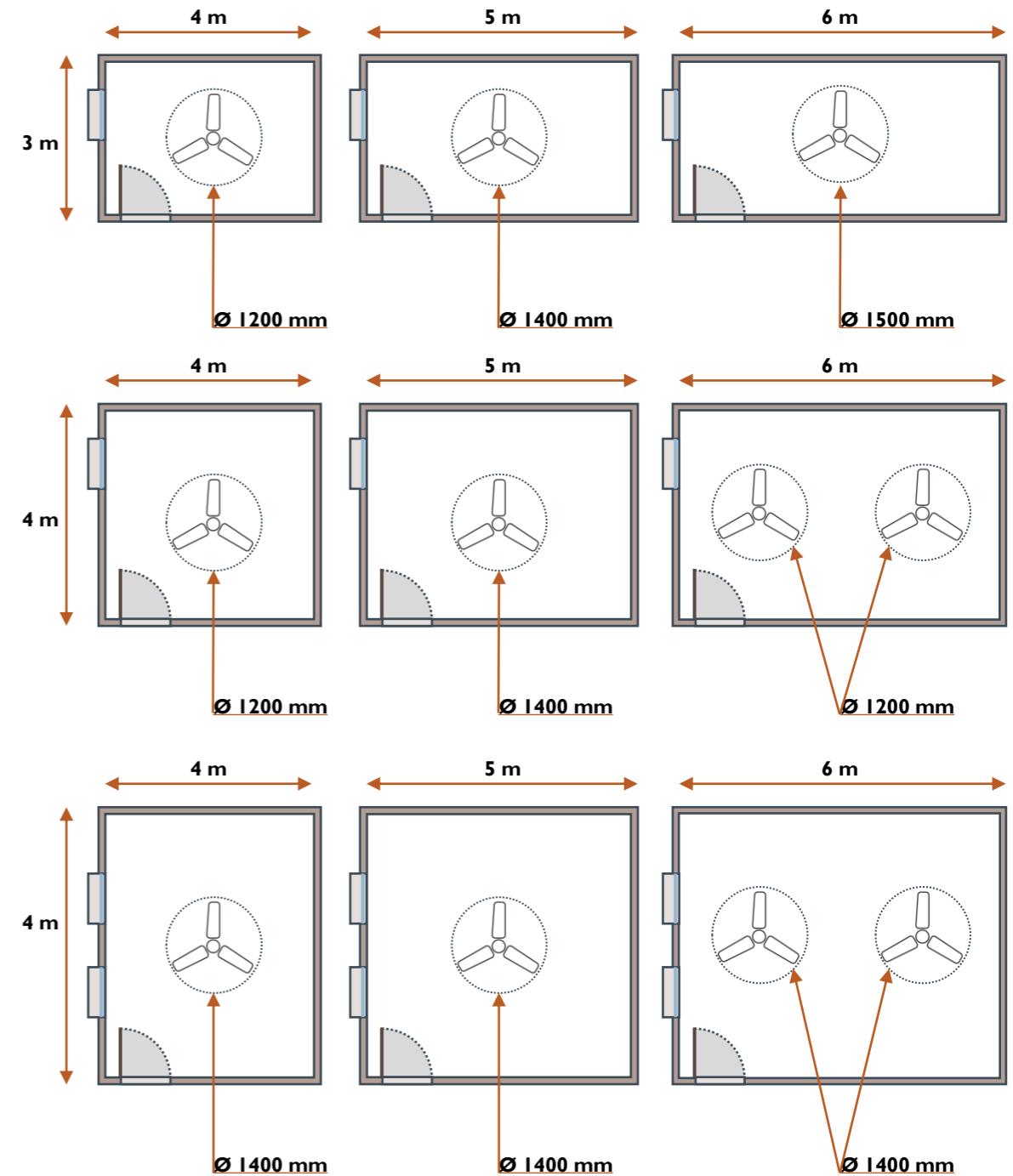
SRI (Deemed)

04

Low-energy active comfort systems for thermal comfort

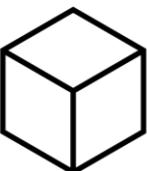
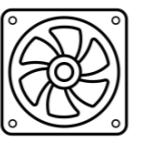
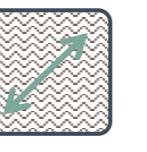
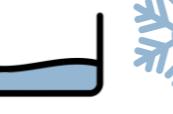


A-1 Design recommendations for ceiling fans (size & numbers)



Source: SP-41

A-2 Design recommendations for sizing desert coolers

				
Space Volume (m ³)	Fan Dia (mm)	Cooling Pad Area (m ²)	Water Tank (litres)	Cooling Capacity (Tons)
30-50	300	1.3	40	1.0
40-60	400	1.9	60	1.2
80-120	450	2.1	80	2.0

Source: SP-41

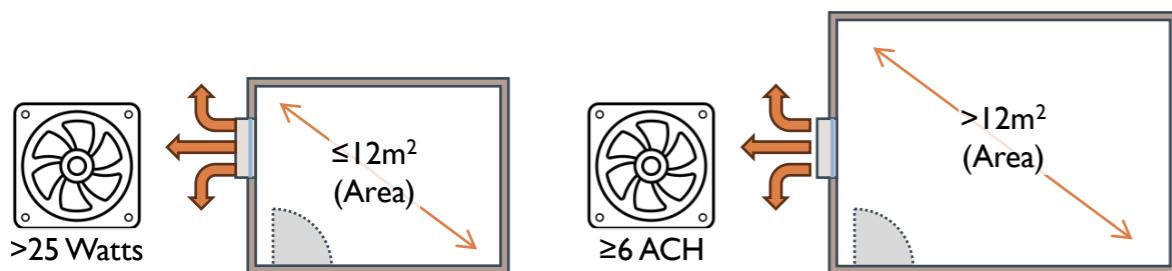
(Subject to revision as per Star labelling requirements for desert cooler)

The desert/swamp cooler is a cost-effective and energy efficient alternative for cooling during hot-dry periods. The cooling capacity of the desert cooler is dependent upon air flow and effective area for heat exchange. Cooling efficiency is expressed as

$$\text{Cooling efficiency} = \frac{T_{db} - T'_{db}}{T_{db} - T_{wb}} \times 100$$

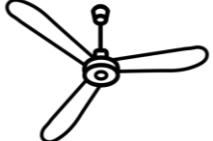
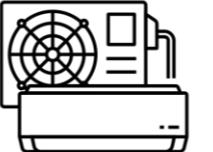
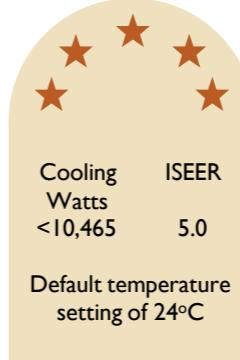
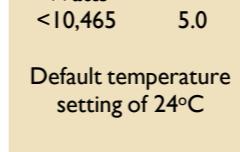
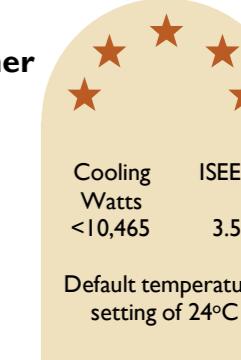
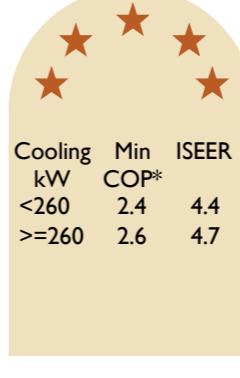
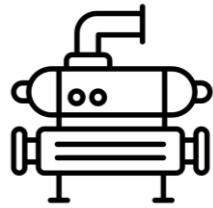
T_{db} is dry bulb temperature at the inlet, T'_{db} is dry bulb temperature at the outlet and T_{wb} is the wet bulb temperature at the inlet.

A-3 Design recommendations for exhaust fans in kitchen, bath and lavatories



All kitchen, bath and lavatory spaces must maintain minimum ventilation to maintain health and hygiene. These spaces shall have provision to directly exhaust air outside.

B Star labelled equipment and minimum efficiencies

Ceiling Fan 			
Star Label Requirements for Ceiling Fan. (Validity until December 31, 2024)			
	Sweep size (mm) Min. Service value (CMM/Watt) > 1200 4.1 ≤ 1200 5.0	Sweep size (mm) Min. Service value (CMM/Watt) > 1200 4.6 ≤ 1200 5.5	Sweep size (mm) Min. Service value (CMM/Watt) > 1200 5.1 ≤ 1200 6.0
Level A Level A+ Level A++			
Split-type Air Conditioner (Variable Speed) 			
			
	Cooling Watts ISEER <10,465 5.0		
Default temperature setting of 24°C			
Unitary-type Air Conditioner (Variable Speed) 			
			
	Cooling Watts ISEER <10,465 3.5		
Default temperature setting of 24°C			
Air Cooled Chiller 			
			
	Cooling kW Min COP* ISEER <260 2.4 4.4 ≥260 2.6 4.7		
Star Label Requirements for 5 Star Air Cooled Chiller (Validity until December 31, 2025)			
Water Cooled Chiller 			
			
	Cooling kW Min COP* ISEER <260 4.2 6.6 <530 4.7 7.4 <1050 5.0 8.2 <1580 5.2 8.7 ≥1580 5.6 9.0		
Star Label Requirements for 5 Star Water Cooled Chiller (Validity until December 31, 2025)			

Star Label Requirements for 5 Star Air Cooled Chiller (Validity until December 31, 2025)

Star Label Requirements for 5 Star Water Cooled Chiller (Validity until December 31, 2025)

*Minimum COP for Air Cooled Condenser (for 100% load)

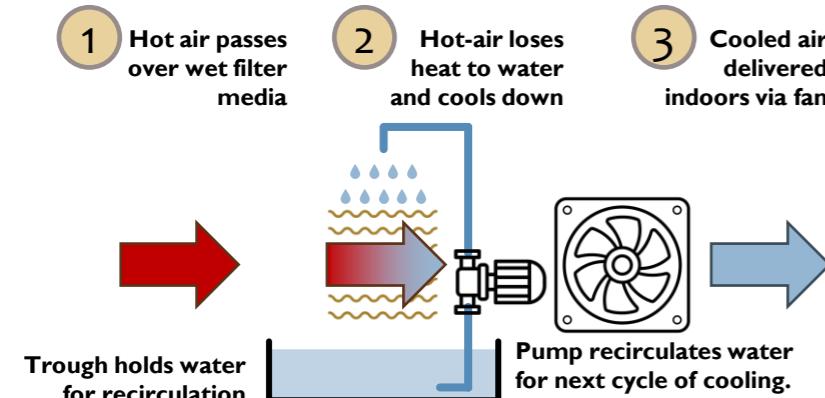
Source: BEE

*Minimum COP for Water Cooled Condenser (for 100% load)

C-1 Low-energy systems: Evaporative cooling

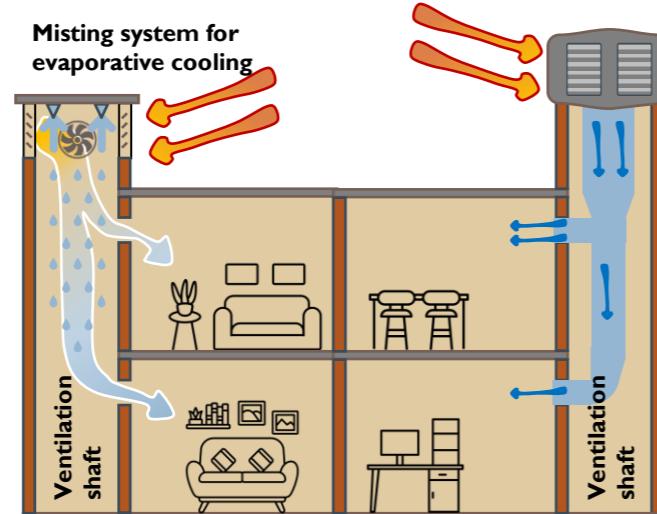
Direct evaporative cooling

Water has high heat capacity and can readily absorb heat from the ambient air. Evaporation implies water changes its state from liquid to vapor. This change of state is an energy intensive process. In this case the heat energy held by the air during hot-dry conditions is consumed in the evaporation process leading to cool air.

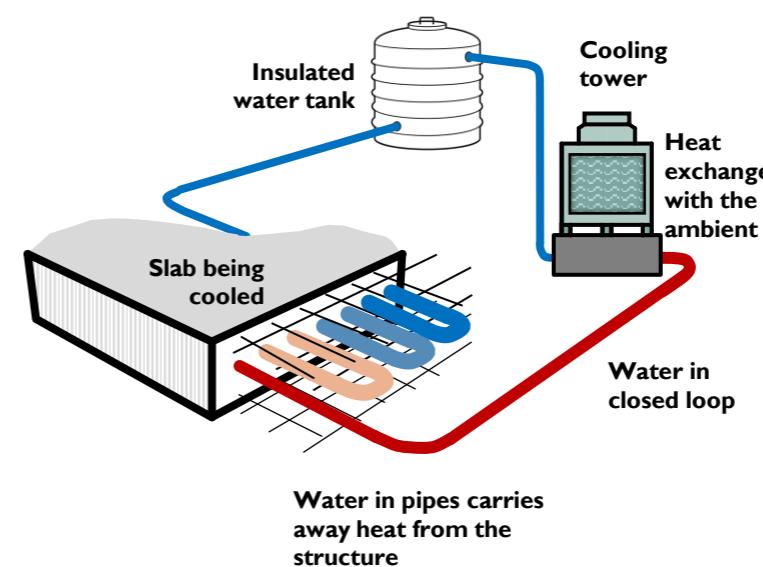


Downdraught systems

Vertical ventilation shafts funnel in ambient hot-dry air from the top. This hot-dry air is evaporatively cooled. The cooler air, laden with humidity is denser and starts sinking in the vertical shaft. This downward draught of cooler air can be channeled through spaces for cooling. This technique is not only helpful for cooling air, but also for enhancing ventilation performance, more so when it is aided with mechanical ventilation systems. Passive downdraught systems are especially useful during hot-dry conditions.



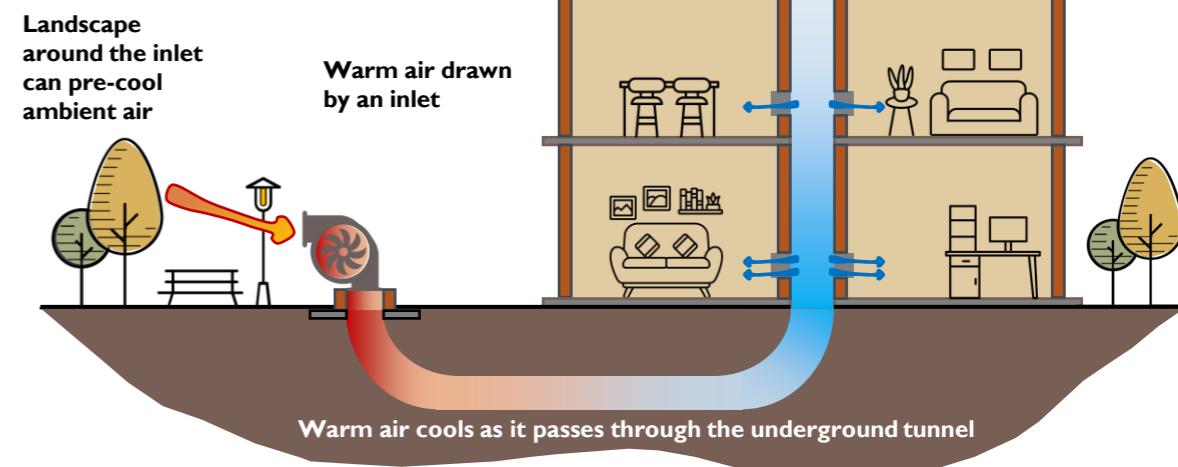
C-2 Low-energy systems: Indirect evaporative cooling



C-3 Low-energy systems: Earth-to-air heat exchange

Earth-air tunnel

Sub-surface temperatures beyond 3m depth, tend to hover around the annual mean temperature. This provides an opportunity to exchange heat with ambient air (in both winters and summers) for achieving thermal comfort indoors.



Structure cooling system

The structure of the building is often heavy thermal mass. This thermal mass has the capacity to absorb and retain heat for long periods. The retained heat is released indoors causing discomfort during summer months.

Structure cooling system embeds a network of pipes through the structural system. This network of pipes carries cool water that draws heat from the structure. This pipe carrying warm water (or heat from the structure) exits the structure and expels the heat outside to an air or water medium (cooling tower in the schematic here). The water in closed loop keeps cycling through the structure till there is heat to be removed.

Prepared by:

Environmental Design Solutions Pvt Ltd
Wuppertal Institut
Hunnarshala Foundation

Published (November 2023)

Contact:

Govinda Somani (govinda.somani@giz.de)
Anamika Prasad (anamika@edsglobal.com)

Disclaimer:

This guidebook is prepared for the Ministry of Housing Affairs (MoHUA) and the Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) GmbH. This report is part of the *"Development of Thermal Comfort Action Plan 2050 and Thermal Comfort Performance based Design Standard cum Guidelines for Affordable Housing in India."* project under the *Climate Smart Buildings Program* funded by GIZ India.

This guidebook has been prepared for the purpose of assisting professionals in the construction industry in designing and developing thermally comfortable homes. This guidebook is an outcome of the best efforts and technical judgement of the authors. The authors do not accept any duty, liability, or responsibility to any person or entity in relation to this guidebook.

Suggested Citation

MoHUA, GIZ, EDS, WI, HF, *Design Guidelines for Thermally Comfortable Homes in Temperate Climate* (2023)

Image Credits:

[4urbrand](#), [Amethyst Studio](#), [A. Arshad](#), [A. Coquet](#), [A.N. Hidayat](#), [A. Zubin](#), [Bacontaco](#), [Brickclay](#), [B. Sewell](#), [B. Zbunsky](#), [Dall E3](#), [G. Brando](#), [Iconic](#), [IconPai](#), [Iyikon](#), [J. Wong](#), [K. Tyler](#), [L. Iborra](#), [L. Michelsen](#), [myiconfinder](#), [M. Chown](#), [M. Thompson](#), [O Panasovskyi](#), [S. Singh](#), [Vectors Market](#), [Vectors Point](#).



Project implemented by the GIZ for the
Ministry of Housing and Urban Affairs



Knowledge partners EDS, Wuppertal Institut &
Hunnarshala Foundation

